Travelers Championship

Saturday, June 21, 2025 TPC River Highlands *Cromwell, Connecticut, USA*

Adam Scott

Quick Quotes

Q. Tied your career low round on TOUR. What was clicking for you today?

ADAM SCOTT: Yeah, it was all good today. The big difference was I putted nicely right out of the gate. Made one on 1, freed up a little bit there. So, I believe I'm playing this well, but you've got to make some putts at the end of the day to shoot a number, so that was the difference between the first two days and today.

Q. What keeps you, I mean it can be, I guess, hard at times, you know you're back in the pack, it's going to be hard to have a chance to win, but to put in the work and play as well as you can, where does that come from?

ADAM SCOTT: I think just having been out here so long, knowing that it can be one round or one shot or something can really turn it around. There's still, I've got a lot of work to do for the rest of this season, there's still some big tournaments to play. I would rather leave today with the confidence shooting 62 than kind of mailing it in and maybe shooting 70 or 72 and not really getting anything out of it. I'm out here for a reason, so I'll try and get the most out of it if I can.

Q. Do you mentally recover faster at this point because you've got more experience coming off of an event like last week, which was I'm sure really draining, do you recover mentally as quickly as maybe you did in the past or quicker because of the experience?

ADAM SCOTT: Yeah, it was a tough one, you know, it was like a real letdown, draining, not a, like a confidence and fatigue, you know? It was a big letdown on Sunday last week. I knew I was going to have to play this week. I actually think now the last couple years, having these Signature Events after majors, not that I've been in contention at all the majors, but like having to change my habits a little bit. For my whole career I pretty much took every week off after a major, and all of a sudden we're playing big events right on the back of it. Using Monday



and Tuesday and Wednesday wisely I think is big for me. I hate to say, but like I feel more fatigue at this point in the season than I did 10 years ago, it's just the fact of the matter. It's smart if I take it pretty easy for a few days.

Q. What are some examples of things that you do or don't do on Monday, Tuesday, Wednesday now that maybe in the past you just took the week off, what's different?

ADAM SCOTT: Yeah, definitely not come out to the course, Monday, Tuesday, unless I've really got something to fix or need to do. But don't use the energy. Fortunately, I've been coming to these places a long time and know the course and it's really about conserving energy and just having a bit of recovery so that hole hopefully when you're in contention the next week there's plenty in the tank still.

Q. When you putt the way that you did yesterday and then today obviously things turned around significantly, is it something that you just have to mentally let go of the day before and start anew or was there something that you realized that changed, is it something as random as seeing a couple go in early that just sort of sparks things, what changed?

ADAM SCOTT: Yeah, man, I mean if I started talking to you about how you manage these parts of the game you would think we're all crazy. But I didn't even feel like I had a problem putting yesterday. Yeah, I hit one off the green, but it was windy and quick. I hit good putts and they didn't go in. Like nothing felt bad, other than they missed, they lipped out and they burned the edges and they added up to be a lot, it's super annoying. I don't get discouraged by that because it doesn't feel bad. It's different if like -- I hit a putt today that's the worst putt I've hit in recent memory, and it's one of my better rounds and that bothers me more than yesterday.

Q. Just the randomness of it?

ADAM SCOTT: Yeah, such a bad putt. I got so in my own head trying to do something on that putt and it completely jammed me up. But you do need a trigger, I think, to change it. You can't do the same stuff and expect a

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different result. I had a quick, actually had a quick chat with Trevor this morning about it on the putting green and he just gave me something else to think of, and that worked until I actually really thought of it on that one putt and got in my own way. But it was really good today. I didn't really change anything technically, other than just something to allow a bit more freedom.

Q. There was a 10-shot difference in your score from yesterday. Did you feel like the conditions were a 10-shot difference?

ADAM SCOTT: A little bit. Look, it was very windy yesterday. I think it was tough. There are a couple good scores out here, for sure, but it was a tough day around this place yesterday. I don't know if it's a 10-shot difference, but I played really good golf today.

Q. Guys in the week had said that the timing of this event and this type of venue, coming off Memorial, Canadian Open, certainly the U.S. Open, it's refreshing in some ways to come to a golf course where it's scorable. Do you agree as far as the timing and the way that this golf course is set up and the way the tournament is run that this is kind of a welcome break?

ADAM SCOTT: Yeah, although I think the rough certainly in areas is longer than I've ever seen it here. So, down the right of 1 on Thursday I kind of hit a pretty okay tee shot, just in the rough, and like was hacking. I'm like, I can't believe this. But, yes, generally it is. The way my year's gone, where I've played not up to scratch, when you play the Signature Events and the majors and a couple other tough events through Florida, like it's hard to break par. I feel like I haven't really broken par very much. I haven't been playing horrible, but I haven't been playing great. So it's nice to have a round like today where you get it going a little bit.

Q. What Trevor told you, was it technical or mental would you say?

ADAM SCOTT: I don't know, it was more just a feeling of watching the putt roll in my posture. I think he liked the idea that I just kind of stayed down in the shot more, rather than just standing up to watch it roll.

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