

NW Arkansas Championship

Friday, September 23, 2022

Rogers, Arkansas, USA

Pinnacle Country Club

Muni He

Quick Quotes

Q. First question: What was going so well in your round today? What about this course worked for and you what was the key to your success out there?

MUNI HE: Yeah, I mean, I played here three years in a row now, this is actually my fourth, so it feels really familiar. My coach was out here earlier with me this week, and you know, it feels familiar and my swing has been feeling good, so it's just I've been trying to trust the process.

Very happy with my round today.

Q. Yeah. What does that process sort of look like? What have you been working on with your swing and what's the process for you nowadays?

MUNI HE: Well, swing-wise we didn't really change much, if anything. I switched my wedges. Got some new grooves, so that's been great, a bit more spin.

On top of that, it's just really trying to rest up. This is like my fifth event in a row, and on top of that, mentally it's been challenging, so just trying to stay in a positive mindset.

Q. Which is a difficult thing I know for anybody, so how much confidence and gratification to just see some of those things working and to have a really good round?

MUNI HE: Yeah, it feels really good. My game all year hasn't felt extremely off, but I just wasn't seeing the scores that I wanted to. I wasn't seeing very low numbers.

So I was actually thinking earlier this week, it would just be nice to kind of go low and try to make as many birdies as I can.

I feel like I did that today, so hopefully I can be able to continue the momentum.

Q. Yeah. Last question. What sort of is the strategy now? I know since this is only a three-day



tournament. You go out there and keep being aggressive or what changes, if anything?

MUNI HE: Yeah, nothing really changes. I love three-day events. I wish more tournaments were three days. Just go out there, play my own golf, I think be patient, and focus on one shot at a time. Yeah, like not really change anything at all.

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