Hilton Grand Vacations Tournament of Champions

Friday, January 21, 2022 Orlando, Florida, USA Lake Nona Golf & Country Club

Inbee Park

Quick Quotes

Q. Here with Inbee Park after a nice round of 67 today. Whole bunch of birdies out there. Just one bogey. How are you feeling to get the season off to a start?

INBEE PARK: Yeah, I feel good. I was a little rusty yesterday. Didn't putt as well as I would like to yesterday, but today was a much better today. Ball striking and putting, everything was much better.

Really happy with the score. This tournament is a very fun format, so we're enjoying the different atmosphere and meeting a lot of people. Watching them play is enjoyable.

Q. So you do like this atmosphere and the celebrities and the little more light heartedness?

INBEE PARK: Yeah, I really like it as a first tournament because it almost feels like not a first tournament, so it's less pressure.

I think this is perfect tournament to warmup and just get going for the season. Yeah, it's actually -- I think it's a little bit more relaxing watching them getting more nervous.

Yeah, I think it's fun.

Q. We've heard a lot that Lake Nona is very different from the course you played the last few years. More challenging for you guys and certainly for the celebrities. What are your thoughts on Lake Nona? How familiar are you with this course?

INBEE PARK: This is first time I'm playing this golf course. Yeah, I mean, it is challenging golf course and slopey and fast greens. I'm sure for the amateurs it is really tough golf course.

So, yeah, I think it's really good and the course is very enjoyable.

Q. This is the first time seeing you for the year.



You've been back in the States for a while. How was your off-season? What did you do and how did you get ready for the season?

INBEE PARK: Yeah, spent Christmas and New Year over here in the States. Not with the whole family, but with my husband. Yeah, just a little more quiet than the other times, but, yeah, it was good as well.

Just did some training, played some golf, went to some sports games and stuff like that in Vegas. It was fun.

Q. A year ago at this event you were very pushed by making the Olympic team. What motivates you this year as the new season starts?

INBEE PARK: This season is definitely a lot more relaxing than last year. Not a lot going on in my mind at the moment. Just trying to enjoy the week as it goes on, trying to play some good golf, win some trophies.

Q. Do you find as you compete more and more, do you find it easier to get up for a new season and set new goals?

INBEE PARK: I mean, I don't think it gets really any easier. At the same time, I mean, I'm more relaxed and not having a specific goal, but I play every week to win. That's pretty much it. Very instant goal for every week.

So I think -- and living as a golfer, every week is a challenge, every week is -- you're going there for a win. Even if there is no like ultimate long-term goal, you always have a goal every week.

Q. Just a couple quick ones. I know a lot of people set New Year's resolutions. Golfers set new goals for the new season. Do you have any personal New Year's resolutions this year?

INBEE PARK: I do, because I haven't won a major for a while, so I really want to have the major back in my resume.

Yeah, just a win would be nice, but definitely a major tournament I think is definitely what I'm watching.

Q. Anything nongolf related?

... when all is said, we're done.

INBEE PARK: Nongolf related? Just trying to see my dog as many times as I can while the season is going. It is really tough with the schedule this year.

Yeah, I mean, other than that, it's just what I'm doing right now is golf. I'm just trying to focus on that.

Q. And then you've had a pretty long career so this might be a hard question to answer. Are there any swing tips, mental tips you got throughout your career that have stuck with you and made a difference in your game?

INBEE PARK: You know, just thinking that everything is okay. I mean, at the moment when you're playing so bad and in a bad time, you kind of think that everybody is watching you. When you're not doing well, not playing well, it's embarrassing and I don't want to go out here.

I went through that stage. I just came to realize that those things really don't matter and people don't care about you that much, as much as you think. It's you that care about you.

You don't really need to worry about other people. Worry about yourself and what you're doing is right and just got to have the trust that everything is okay. Even if you fail, it's golf. Golf you fail.

That's definitely the part of golf.

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