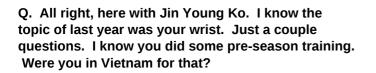
Honda LPGA Thailand

Wednesday, 22 February 2023 *Pattaya, Thailand* Siam Country Club Pattaya, Old Course

Jin Young Ko

Press Conference



JIN YOUNG KO: Yeah, I've been in Vietnam all month, and after the champ I back to Korea and I stayed over two weeks in Korea with my parents.

I practiced a lot in Vietnam and then work out hard as well. Like my life balance and golf balance is like getting more flatter right now, so I'm so happy. It's ready to play 2023 season, so it's so -- time flies so fast.

Q. Absolutely.

JIN YOUNG KO: Yeah, so I can't wait.

Q. How is it? Is there any pain when you're hitting shots?

JIN YOUNG KO: It's feeling better.

Q. Okay.

JIN YOUNG KO: I work out a lot still. So, yeah, I need to like protect little more, but it's getting better.

Q. And what did you work on while you were in Vietnam? Anything you wouldn't mind sharing, I guess.

JIN YOUNG KO: I worked out everything, like swing and whole my bodies and mental as well.

After the off-season I started meditate every morning, every night, so it help me a lot. So, yeah.

Q. I guess finally, 2023, new year, new you it sounds like. What are some of your goals for this season?

JIN YOUNG KO: Well, my first -- what is my goal? My goal is like find my -- find out my like swing well on the course, especially during the tournament.

So I wanted to get good feel of my swing, and then I think if I find something on my swing, result comes out quickly.





So it will be win or like good -- like I think good result, so I can't wait.

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. . . when all is said, we're done.®