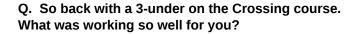
LPGA Q-Series

Friday, December 3, 2021 Mobile, Alabama, USA Magnolia Grove

Selena Costabile

Quick Quotes



SELENA COSTABILE: Just same mindset. Just staying really calm today, focusing on my deep breathing, and, yeah, same game plan as yesterday.

Q. What were some of the highlights out there?

SELENA COSTABILE: Definitely trying to minimize the mistakes. So I've only had two bogeys over the past two days, which has been good.

Otherwise, I've been hitting my longer clubs good and just making putts.

Q. You're in kind of the mix heading into the weekend. A couple back from what's been posted as the lead at the moment. How good does it feel have to that cushion heading into six more rounds?

SELENA COSTABILE: It feels good now that you say so, but I'm definitely not even looking at it. I'm honestly just thinking about what I want to do during the day and my game plan and then however I end up I end up.

Q. Just heard you say you were really tired.

SELENA COSTABILE: Yes.

Q. Is it exhausting because it's so grueling out there?

SELENA COSTABILE: It's just the walk. A lot of up and down hills so my legs are definitely feeling tired, yeah.

Q. And just a little bit about you in general. You told me yesterday you had just started on the Symetra Tour this year.

SELENA COSTABILE: Yes.

Q. This is your first full season.



SELENA COSTABILE: Uh-huh.

Q. What had you been doing before that?

SELENA COSTABILE: I turned pro a year after I graduated high school, so in 2017, and I tried Q-School a few times.

Didn't really make it through, or past first or second stage, and then I had some health issues a few years ago that kind of set me back.

But doing better now so, yeah.

Q. So having that experience at Q-School before, do you feel like you are just kind of a lot more calm now that you've had a year of professional golf under your belt?

SELENA COSTABILE: Yeah, I've never made it to Q-Series but played in Stage II twice and Stage I I think three times, so I'm used to the Q-School experience. I just, yeah, have to stay calm and that's the main thing.

Q. Forwent college.

SELENA COSTABILE: Yes.

Q. Reasoning behind that, or was it easier to just go pro, make money?

SELENA COSTABILE: Honestly, golf was really what I wanted to do since I was a teenager and I didn't really want to delay my dream.

Yeah, had the opportunity to turn pro and I did.

Q. Are there any plans to go back in the future? You being an intellectual I would assume it would be...

SELENA COSTABILE: I'm actually in school now. I'm taking classes at Queen's University online. It's a university in Canada. So about close to 40% done with my degree. I'm majoring in global studies, so, yeah, I'm chipping away slowly at it. No real priority.

. . . when all is said, we're done.

Q. With the four languages it's probably a good major to have.

SELENA COSTABILE: Thank you, yeah.

Q. A lot of people are having finals this week. Do you have any finals this week?

SELENA COSTABILE: I don't. I took the semester off in the summer just so I could focus on golf, and then maybe I'll take some winter classes in the new year.

Q. How do you keep the balance? Do you just decide what's going to be best and take semesters off as needed?

SELENA COSTABILE: Yes, definitely. If I'm feeling like I have a packed schedule coming up, like with Q-School I didn't really want it add on school with that, so I just kind of took it off.

Yeah, if I feel like I can manage both then I'll do both.

Q. Last question. Vibes, mindset heading into the weekend?

SELENA COSTABILE: Same thing. Calm, breathing, calm mindset.

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