

LPGA Q-Series

Sunday, December 5, 2021

Mobile, Alabama, USA

Magnolia Grove

Pauline Roussin-Bouchard

Quick Quotes



Q. Round of the week. What a surprise. 7-under 65. You know, birdieing, what, three of the last four, what was going through your mind?

PAULINE ROUSSIN-BOUCHARD: Uh-huh, I don't know. I was just, I don't know. We were just laughing a lot on the course, doing very stupid games with words in French. I was thinking about it when I was playing and I was like, So maybe we should focus a little bit more.

It was just about like keep doing me and stick to our game plan, hit as many as regulations that were good. I don't know, it's just -- was just having fun. And I actually realized on 17 or 16, I was like, oh, but I'm 7-under. I didn't realize.

So I mean, just didn't really think about it.

Q. You do have to seem to have a fifth gear. You get on a run. You bogeyed the first hole, let's be honest. You made eight birdies today. You get on a run though and you just don't seem like you ever want to let up. Like is there something that changes in you when you make one birdie, just want to make six more?

PAULINE ROUSSIN-BOUCHARD: Well, the goal is to play 18-under obviously all the time, even less if I could. But it's, I don't know. It's play smart but play aggressively in a smart way. I guess that's the way I try to do it.

Q. Awesome. Does this course allow you to fit your game that way?

PAULINE ROUSSIN-BOUCHARD: Yeah. I mean, yes, I guess. But I mean, we had a couple wedges into the green and I ended up being very close to the pin with wedges, and even with longer irons, so I guess it's -- I mean, it fitted my game obviously, but my game was very -- was good as a whole, so it helped obviously.

Q. How much confidence does this give you going into next week?

PAULINE ROUSSIN-BOUCHARD: I mean, it gives a lot of confidence, obviously, but it's going to be a different week, different course, different courses.

So the mood is going to be the same. I'll still be happy me, crazy me, but just on a different week.

So I'll just keep doing...

Q. Because it is a Trent Jones course, means it's going to be a similar to this. Is that helpful having been here and done well here?

PAULINE ROUSSIN-BOUCHARD: Yeah, I mean, definitely. Hopefully it's the same grass. Probably same drawing. I guess just going to be some similar shots, and it's good preparation for next week, that's for sure.

Q. You play this great golf. You shoot 19-under. You go friggin' nuts all week. What do you do off the golf course? Like what do you do reset? Because, again, golf is a grueling game. Let's be real. There is a lot of pressure. I know you are not the person that leans into that, but what do you do off the golf course to just kind of like forget about golf for a minute?

PAULINE ROUSSIN-BOUCHARD: I mean, I'm surrounded with people that are very funny and we just created a very peaceful atmosphere, funny atmosphere, and just pressure-less atmosphere. So I guess a lot of work is done before the tournaments.

I do a lot of martial arts, boxing, and I went boxing before leaving because I needed to let some pressure go. It really helped because it puts me in the mood where I really want to destroy everything on my way.

And so I guess it's just I know how much I've worked for it, and so it obviously helps. But being surrounded by my coach, my physio is here, and it helps a lot. My caddie is just -- they're wonderful people, very nice human beings. So it's just very natural to just let go once I'm off the golf course.

Q. So when you get out there you just kind of



freewheel it, just let it go?

PAULINE ROUSSIN-BOUCHARD: Yeah, whatever happens I'm just going to go back to the house, workout, or do something like abs or some tough workout, depending on the day, and then I'm going to work with my physio, and then I don't know until now.

I have to study a little bit because my finals are not over. I still have one next Thursday. I have to study a little bit. So it was just same routines, and, yeah, just same old same old.

Q. What are your plans besides studying for that final ahead of next Thursday in Dothan?

PAULINE ROUSSIN-BOUCHARD: We going to take tomorrow off. We are going to drive to Dothan, see if there is something fun to do on the way there. Probably go to the shooting range. I don't know. Something fun.

Then I mean, just reset, just, yeah, reset in terms of energy, in terms of thoughts, in terms of everything, and just start a new week, fresh week.

Q. Last question. How long have you boxing and doing the martial arts stuff? Because that's cool.

PAULINE ROUSSIN-BOUCHARD: Oh, seven years. Yeah, I actually had the (indiscernible) for last week for an instructor. Well, yeah, I'm into golf right now, but...

Q. Eventually maybe.

PAULINE ROUSSIN-BOUCHARD: I'll take it into consideration. So yeah, I'm a huge fan, so I've been doing judo for like nine years when I was younger, and then went into boxing, a mix of Thai boxing, MMA and jiu jitsu, knives, sticks, just a bunch of stuff. Just martial arts in general.

Q. So don't make Pauline Roussin-Bouchard mad.

PAULINE ROUSSIN-BOUCHARD: No. But I'm very peaceful.

Q. Yeah.

PAULINE ROUSSIN-BOUCHARD: Very calm.

Q. Because you get it all out in a ring.

PAULINE ROUSSIN-BOUCHARD: Yes, it really helps. Like that's my meditation.

FastScripts by ASAP Sports

