

# LPGA Q-Series

Thursday, November 17, 2022

Mobile, Alabama, USA

Magnolia Grove

## Riley Rennell

### Quick Quotes



**Q. So starting the week a little bit tough this morning with the wind, like you said. How do you stay positive during weather changes like this and just keep in your own game?**

RILEY RENNELL: Uh-huh, you know, it's been a little bit of a different experience here. They've had the hurricane here so they've really worked hard to get it back together.

But it's been -- it's really just like trying to stay in your own bubble and just like to have that emotional resilience and just like tell yourself, it's okay, you're going to get through it. Even though it's hard, you always just have to take it one shot at a time. You got to accept little wins. Even in the moment, if you can accept the little wins, that's a start.

**Q. Awesome. And then obviously four days of golf; round one complete. How do you feel heading into the next three rounds, and how do you kind of balance the good rounds, the bad rounds, good feelings, bad feelings? How do you balance that all with four days of golf?**

RILEY RENNELL: Yeah, well, I was talking to one of my caddie buddies, and it's not a sprint, it's a marathon, so you just will have to stay in the moment and you just have to take it day by day. For the first couple days it's all about getting enough rest. Like I see -- I mean, in general if you need to work on something you can go practice a little bit, but just giving yourself enough rest.

It's just going to be a long tournament, so continuing to work on (wind) and sticking to your game plan and you got to be smart.

**Q. And then Tour Championship, you had a great finish.**

RILEY RENNELL: Thank you much.

**Q. Obviously it's ideal to take that momentum right into Q-II like we usually do.**

RILEY RENNELL: Uh-huh.

**Q. How did that kind of help you or affect your practice for the last month and how did it affect how you came into Q-II in your mindset?**

RILEY RENNELL: It gave me a lot of confidence. Toward the end of the season I was really playing some good golf, and I feel like I tied it all together in the last tournament.

I was kind of bummed out that we didn't get to go right to like -- because it would be almost the next week, right into Q-II. But that was fine because like my body was tired. I had kind of a thumb issue.

So it was good to get some rest and get just like some retooling, get back at it. But it gave me a lot of confidence for this year and for next year.

You know, I just got to keep plugging. I can go into this week and I can just kind of freewheel a little bit because last week -- not last week, but last tournament solidified my status, so I can just try to advance to Q-Series.

That's all I can shoot for this week. I got nothing to lose, so it's good.

**Q. Awesome. And then obviously everyone wants to advance, but taking that away from it, what are your goals for on the course or maybe mentally? What are your goals other than advance for this week?**

RILEY RENNELL: You know, I really want to continue what I've been working on with my putting and my short game, but I also want to like continue to give myself like the confidence. Like I've really been working hard on just committing to my shots, like no matter what happens, and that helps me sleep at night, but also helps me let it all go and let it all stay out on the course.

So just like to be able to commit to every shot, that's my goal for this week.

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