

LPGA Q-Series

Thursday, November 30, 2023

Mobile, Alabama, USA

Magnolia Grove

Mina Harigae

Quick Quotes



Q. All right, joined now by Mina. 4-under after your first round here at Q-Series. Take us through the round.

MINA HARIGAE: I think I only missed one fairway and I hit every single green, so made for not a very stressful round. And I made some putts and I hit a lot of good shots, so it was just a very solid day.

Q. What was the preparation like heading into this week? What were you working on? Mentally what were you preparing for?

MINA HARIGAE: I think it was just more mental. I was working on being mentally, not relaxed is not the right word, but just being like, hey, I'm here and I'm just here to better my status. Everyone is. It's a stressful week for everyone. It's a long week, six rounds.

So I'm just trying to enjoy it, and I think I really did a good job of that today.

Q. Leads me right into my next one. How do you prepare, whether it is physically or mentally for potentially six rounds compared to normally a four- or a three-rounder?

MINA HARIGAE: I think the most important thing for me is recovering physically and mentally just not wearing myself out out there mentally. Not trying to get so upset over shots. Like everyone makes mistakes.

So it's just recovery is very big this week.

Q. Absolutely. You started out slow; you had the bogey on 1 and followed with back-to-back birdies. How do you not let the bogey on the first hole, especially like you said, not snowball and mentally turn it around?

MINA HARIGAE: Yeah, the first hole, I just three-putted the first hole and I hit two good putts and I lipped out, and I think it was just more like, well, I have 107 holes to make it

up. Just didn't faze me.

Q. Last one: What's going to be the mentality as we head through the rest of the week?

MINA HARIGAE: I think just more of the same. You got to keep it cool out there. I got to go rest my legs and eat some good food and try to stay warm out here.

FastScripts by ASAP Sports

