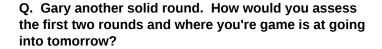
## Sanderson Farms Championship

Friday, October 4, 2024 Jackson, Mississippi, USA Country Club of Jackson

## **Gary Woodland**

**Quick Quotes** 



GARY WOODLAND: Yeah, actually probably a little happier about today than I was yesterday. Yesterday I played really well. All three level, driving, short game, ball striking was all really nice. Today was not as good and I hung in there. I grinded it out. Made some pars, a bunch of pars I guess and a couple birdies.

Very proud of not having it today and grinding it out and shooting 4-under. Game is in a good spot. Obviously nice to come out and play 36, didn't make a bogey. Just shows I'm doing a lot of things right, and looking forward to a big weekend.

Q. What's been going on off the golf course? What have you been doing to see more results on the course?

GARY WOODLAND: Yeah, a lot. I've been working hard with Randy Smith in Dallas and at home. It's just all coming together. I've been over a year now from surgery. Starting to feel a lot better, which helps. That helps everything. Helps practice, help you live life better.

And I'm starting to see the results up that's the big deal. Probably pushed it -- came out a little too early this year. It is what it is, right? I learned a lot about myself and I'm very happy and thankful to be here.

Q. Was there a point where you noticed you were starting to feel stronger, a lot better?

GARY WOODLAND: Yeah, been the last couple -- it's been recent. Just been a change in the last couple weeks, starting to feel more like myself again.

I see it. I'm happier. I feel better. I've been able to be less stimulation. I can be around my kids when they're going



nuts now. Like everything is just starting to get back, which is beautiful.

Q. Obviously a great start through 36 holes, no bogeys. Going into the weekend you'll have a shot. How do you stop yourself from kind of getting ahead of yourself where you're really seeing some good form for the first time in a while?

GARY WOODLAND: Yeah, like I said I've been out here for a long time. I've looked ahead before and didn't work very well for me. I know the drill. I know to stay within myself.

Right now I'm enjoying it. I'm coming back from a low place obviously, so it's nice to play well, nice to see results.

But I have a long way to go, but headed in the right direction.

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