

Sanderson Farms Championship

Thursday, October 2, 2025

Jackson, Mississippi, USA

Country Club of Jackson

Rasmus Højgaard

Quick Quotes

Q. Rasmus, how did it feel to get back out there and play this morning? How was the body and mind feeling?

RASMUS HØJGAARD: It was good battle. Still a bit low on energy, so I'm going to manage myself the next couple days and hopefully restore some of it.

Yeah, it was good. I really enjoyed being back out playing.

Q. How did the game feel today? What worked best for you out there?

RASMUS HØJGAARD: It felt like fairways were poison today. Didn't really see them that much, so had to shape a few approach shots from the trees today.

But, you know, I putted great, and that kept me in the round.

Q. You talk about managing yourself. What does that look like over the next couple days as far as keeping your energy level, getting it back up?

RASMUS HØJGAARD: It means that I won't be practicing more this afternoon. Probably jump in some -- in the cold plunge and hopefully that's going to help out a little bit.

Q. With the energy level being low, how pleased are you with shooting a round under par, 3-under?

RASMUS HØJGAARD: Yeah, I'm very pleased. It wasn't easy today. I battled it off the tee. Didn't hit many greens. Yeah, again, good putter really saved me out there a couple times.

I'm pleased to shoot a score in the 60s.

Q. You played nine yesterday, right, in the pro-am? Now that you've seen all 18, did anything surprise you or impress you today?



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RASMUS HØJGAARD: I won't say anything surprised me, no. Nothing really comes to my mind. Obviously there is a few holes, few tee shots on the front nine that you get an idea of where -- what depth have you got from the right side or the left side, or can I cut the trees a little bit or not.

Again, my caddie just walked the course so he guided me around pretty good.

Q. How much do you think you'll learn today that you can utilize tomorrow?

RASMUS HØJGAARD: I definitely saw the whole course today, so hopefully tomorrow I can narrow that in and spend more time in the fairway.

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