

RBC Heritage

Thursday, April 18, 2024

Hilton Head Island, South Carolina, USA

Harbour Town Golf Links

Collin Morikawa

Quick Quotes

Q. Collin, how would you describe the round today?

COLLIN MORIKAWA: It was very solid. The one bogey made, didn't even hit that bad of an approach shot, and I think it clipped the tree and somehow bounced 25 yards to the right.

For the most part, it's just a continuation and just trust of what I've been working on, especially kind of over this past week and a half.

Q. Does it help playing a second week after you played so well last week in a major to come here and continue that form?

COLLIN MORIKAWA: It does, and especially the way I've been playing, you never know how it's going to be. But when you find this little rhythm and you find this kind of -- just pathway, just to play golf, it's very simple. Sometimes when you're playing bad, you look back and you wonder why it can't be that simple.

But it's a nice little groove to be in, and hopefully we can keep this going throughout the rest of this week.

Q. When you find something like you feel like you did at the Masters and play that way and then start off another round like this, how long does it take to where you feel like it's built in and you're not necessarily wondering if it's going to keep --

COLLIN MORIKAWA: Yeah, trust me, you have to believe in it, and when I saw the shots and the shots keep going on Tuesday and Wednesday of this week, at that point I know what we're working on is working.

A lot of swing thoughts I've kind of been flipping the book through worked for one day or two days and then it's gone. But look, it lasted all the way through the Masters. It's lasted through here. What I'm doing, it's working. I've just got to stick to that and understand why it's working and just go out there and play golf.



RBC Heritage

Q. Guys will say when they're playing well they're not thinking about anything. Have you reached that point?

COLLIN MORIKAWA: No, I've always thought about that. To be honest, even my best golf, I've always thought about stuff, whether it's one little swing thought and then the target and where I'm trying to hit it.

For me, it's weird, like I get to a point sometimes where I'm not thinking and it almost hurts me. I've got to be focused, I've got to know what I am focused on. There's always something in the thought.

I get that point where some guys aren't thinking, but I think it's probably because they're thinking about too many things that they're able to calm it down in that sense.

Q. I know the golf swing is very physical, but there's also a mental side to the game. When you are going through this and you're working hard towards the goal, improving your swing, can you speak some things into existence, and the positive mindset, does that help sometimes?

COLLIN MORIKAWA: Sometimes. I've tried that, and sometimes -- I think every time you tee it up on whatever round it may be, you have to be able to take everything you've done through the practice and through that grind and be able to be positive and be able to be -- just believe in yourself.

It's hard to do that sometimes when you don't know where the ball is going. But when you find something, it just helps that little pattern. Everything helps each other. It's kind of this trickle-down effect.

I'm using this one thing that we found last week just to my advantage, just trying to push every other part of my game, as well.

FastScripts by ASAP Sports