Oklahoma City Thunder Media Conference

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Adam Flagler

Press Conference

Q. Compared to last year, how much more comfortable do you feel?

ADAM FLAGLER: Definitely more comfortable being able to do what I want to do. It's a huge opportunity to be a part of an NBA training camp with these group of guys, this organization, so I'm excited.

Q. What's been your biggest point? You're known as a sharpshooter, but evolving your game as you take this next step in your journey, what's been the biggest thing to take advantage of?

ADAM FLAGLER: Biggest thing is continuing to get stronger, but mentally understand the game, the NBA game, and being able to be smarter with adjusting the defensive schemes, whether it may be guys may be high up or low up, whatever it may be. Just being able to adjust out there at a quicker pace.

Q. Have you been able to spend time with the rookies? Any first thoughts?

ADAM FLAGLER: Great group of guys. I was able to play Summer League with those guys. Fierce competitors. I feel like they'll be an addition to this organization on and off the court. Excited for training camp to compete with those guys.

Q. Can you walk us your experience at Summer League and how you felt that helped you grow?

ADAM FLAGLER: The experience was amazing. I know last year watching I definitely wanted to be out there, but everything is on God's timing, but just being able to go out there and compete with the group of guys. The outcome wasn't how we wanted it to, but you can learn through losses, and that's what I think all of us did.

Q. What has been your favorite thing about your whole experience with the Blue and up and down and back and forth with the Thunder? What has been your favorite aspect of just being part of the Thunder



organization?

ADAM FLAGLER: I think that everybody from top to bottom is very personable, so being able to have conversation and dialogue and be able to pick anybody from top to bottom in the organization's brain, staff, whether it's our chefs, whoever it may be, being able to have those had relationships and interactions is huge.

It's easy to get consumed in our profession and just going out and just playing basketball, but we're a lot more than just playing basketball. I think we all prioritize just going out there and building relationships and making sure we know each other.

Q. When you have been here in the past, the roster has been good. It seems to be getting better all the time. Exactly how tough is that on a guy trying to work his way into the rotation, into the roster, whatever? Is it more of a challenge? Is it more exciting? How do you see the increased challenge for you personally?

ADAM FLAGLER: I see it as exciting at the end of the day. You want to be on the team that competes from top to bottom and pushes each other. Going into training camp that's the thing I'm most thrilled about. To go up against the best of the best and push each other and just go out there and make one another better for the season.

Q. You mentioned chefs. Any cooking tips?

ADAM FLAGLER: Trial and error. That's what they told me. It's going to be mistakes, but over time you'll get better at it.

Q. I also wanted to ask you about Alex Caruso, a guy that sort of had an early career, kind of like you're going through. Just trying to make a way. What's impressed you about him, and what have you tried to take from him as you've been around?

ADAM FLAGLER: I just think his consistent approach every day. I know it's been a short time being around him, but I've been able to pick on quickly how he approaches practice, approaches lifting weights, whatever it may be. He's just a great guy to be able to look into and study his game, study his ins and outs. I'm thankful that he is with this organization.

... when all is said, we're done."

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