

THE CJ CUP Byron Nelson

Saturday, May 3, 2025

McKinney, Texas, USA

TPC Craig Ranch

Adam Schenk

Quick Quotes

Q. Nice playing today, Adam. Nice birdie at the last. Just general comments on your round today.

ADAM SCHENK: We kept the ball in play, made two 30-footers or so early in the round. It's a big boost to your round. I started off missing an eight-, nine-footer, another 10-footer weren't even close.

After that, I just go to this little motion with the putter where I choke down on the grip, almost get down to the metal. It makes me more comfortable.

Saw a couple go in from there and kind of off the races after that. Had a couple of nice up-and-downs throughout the round where I didn't hit great shots but fortunately was able to get the ball up-and-down to keep the round going.

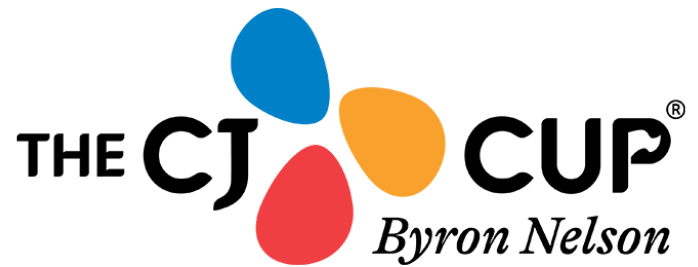
Q. Do you like the way this course sets up for your game?

ADAM SCHENK: I do. Longer. The rough's a little bit longer as well, which I'm generally able to hit out of well. But sometimes you get some lies out there where we had one on 6, I believe, if I'm thinking correctly, on Thursday we had 65 yards, I couldn't even get it to the green. You can definitely get some thick lies out there.

These greens might be as good as we play all year. I think that's a large part of why the scores get so low from time to time here because the greens are so good even late in the day, like they were all perfect. I really enjoy the golf course.

Q. When it's the third round, you see a player with a sizable lead, does that change your mindset at all today or tomorrow as well?

ADAM SCHENK: I mean, you just try to make as many birdies as you can. He's the best player in the world for a reason. I try to think of a situation where it's an advantage to me to catch up to him tomorrow and I really can't come up with one unless I just make a whole bunch of putts.



Q. You look as fit as I've ever seen you. What have you been doing to get in shape?

ADAM SCHENK: I've started to eat a lot better. I try not to eat past 8:00 p.m. If I have a bad meal, that's fine, I just don't try and let it turn into a bad week or a bad month, like I've done in the past.

I go for a lot of walks with the family. I go for a run with the dog. I walk or run every day. I haven't been in the weight room necessarily a ton. Just eating healthier over the last two years, just slowly adds up to a lot, I guess.

Q. Is it disciplined being difficult out on the road trying to --

ADAM SCHENK: It's harder on the road, especially with as much bad golf as I've played because I feel like, after a 73 or 4, all you want to do is go eat McDonald's or \$25 of Chick-fil-A, which we do from time to time. But still I do a pretty good job when I do have a bad day, I just get back on the horse.

Q. Do you notice a difference when you're out there playing?

ADAM SCHENK: I'm definitely hitting it further than I've ever hit it. But I feel like it's the best I've ever been at golf but it's the worst I've ever played for an extended period of time. So just getting back to the little things. I mean, everybody says the same things when they go through a slump and they start to play better, just getting back to the little things, keeping the ball in play, right side of the hole; if you miss it, give yourself a chance for an up-and-down and it helps when you make some putts.

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