

Roland Garros

Saturday, 3 June 2023

Paris, France

Nicolas Jarry

Press Conference

N. JARRY/M. Giron

6-2, 6-3, 6-7, 6-3

THE MODERATOR: First questions in English.

Q. Through to your first fourth round at a major. It's your 19th win on clay this year, second only to Alcaraz. You must be feeling pretty good about your game right now.

NICOLAS JARRY: Yeah, I'm very happy for my game, for all these couple of weeks that have been incredible. After many years, finally here in the second week.

Since I came back, I wanted to do well in the slams. That is something that before when I cracked 100 a couple of years ago, I couldn't do well.

I think I'm very strong mentally, emotionally. That's the key in this tournament. So I'm happy to be able to be playing great tennis here.

Q. You say that you're very strong mentally at the moment, and that's been part of your success. Is there anything else that you have changed over the last however many years or the last months that make you a different player than perhaps what you were?

NICOLAS JARRY: No, I think just that my consistency throughout the whole match. I think I'm very stable. I don't make mistakes on my serve, and I'm always pushing and pressuring the opponent in the games of return and trying to impose my game throughout the whole match.

Even if I do a couple mistakes, I'm always trying to be as positive as possible and try to keep the good energy. I think since it's a long, long match, you just have to do your best, and that's all you can manage, you can control.

I think that's just the key. Before I was very emotional, and when things didn't go my way, I would lower the energy.

Q. Just on that, how did you achieve that? Did you



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talk to somebody? Did you work on it in a particular way so that you didn't get so emotional and that you were able to take this considered approach?

NICOLAS JARRY: I've been working, yeah, in different angles on myself with psychologist trying to analyze myself more, writing more about myself, doing a lot of, yeah, psychological work.

Also, from one side is to understand, and the other side is to push always try to give a little bit more on the training sessions, tennis-wise and gym-wise. Always trying to give your best in every way so when you are on court, you know that even though you feel tired, you know you can do one more repetition because you did it in the gym.

Q. You've got Casper Ruud next. Earlier in the week he mentioned that you basically hit him off the court in Geneva. How confident are you that you can transfer that now to best of five on clay and push deeper?

NICOLAS JARRY: Well, it will be a different game. It's different conditions, but what I have to do is the same.

I just have to do my game, try to impose my game, not his game, and be as tough as I can. Not letting him use his forehand that, as everybody knows, is his weapon, and trying to impose my forehand.

I know that when I'm consistent and pushing with that, I have more chances. But, as I say, it's a long game, and it will be certainly a battle.

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