

# Amgen Irish Open

Wednesday, 3 September, 2025

*Straffan, County Kildare, Ireland*

*The K Club*

## Séamus Power

### Press Conference

SÉAMUS POWER: You really can't wait. It was nice to get out there this morning and play a few holes. Hopefully we get some good weather.

**Q. And how much of an advantage are the home fans, and how much of a boost can that give you?**

SÉAMUS POWER: Yeah, a bit for me. I don't get to play in front of Irish fans that often. Yeah, it's great. They're cheering you on every step of the way. Seeing friendly faces and stuff in the crowd, it goes a long way. In the afternoon with a rough stretch or something like that, it will keep me going. It's great. I suppose it's rare for me, so that makes it even more special.

**Q. What would it mean to get your name on the trophy and win this week?**

SÉAMUS POWER: Everything. We were talking last night and going through Shane's win back there in 2009, and winning that, it would mean everything. I feel like in Ireland we really, really appreciate our own sports people. Golf is actually a sport that's so popular now, and just to be part of the heritage of the tournament would be amazing. It would be a dream come true.

**Q. Just get the first question out of the way, how are those injuries?**

SÉAMUS POWER: Pretty good now finally. It was a funny year. I was getting a bit older, too many balls hit over the years and struggling to get to the bottom of it. I finally did, and during the summer I got some treatments on it and stuff like that. Probably the last six, seven weeks I've been a hundred percent for the first time in a long time.

I can't wait to get the equipment dialed back in, and to see some of the speed coming back, it's kind of cool to see. I've never had a sustained injury like that before, and it kind of gets you really down and you wonder if you could ever really shake it. I kind of have a new enthusiasm for the game going forward.

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Really looking forward, this will be my first tournament out after three or four weeks off. So looking forward to getting going. Yeah, a fresh bill of health.

**Q. Obviously, how does it affect your mental approach? Is there frustration?**

SÉAMUS POWER: There is, yeah, because you feel like you're doing everything right. You feel like you're doing everything the specialists are telling you, and all of a sudden you're at practice and you look down and the club head speed is four or five miles an hour slower than it was the day before. It really gets to you after a while. You've got to try to stay positive somehow and try to get the right people around you, which I've been looking to do.

It was just kind of an unusual spot. I've had injuries before. I had elbow surgery, and elbow sore before surgery, do rehab, four or five weeks later, you're ready to get going again. This was the first kind of niggly one I had. It wasn't bad enough to where you couldn't play, but the inconsistency was driving me up the wall.

You get to some funny places, where all of a sudden you're worrying about things you wouldn't worry about before. It's nice to have that behind you now and kick on from here.

**Q. This is a good start to kick on from here. Turning pro at The K Club, does it bring its own extra bit of pressure?**

SÉAMUS POWER: Obviously I feel the Irish Open, internal pressure to play well is always going to be here. It's special for me to be here at the K Club. I'm sponsored by Amgen and the K Club, so it's a doubly cool week for me.

I wouldn't say there's any more pressure. Probably a few more obligations than a regular week, but besides that, the internal pressure of the Irish Open is always going to be there no matter where it's going to be played or what's going on. It's going to be a special week. Look forward to getting started.

**Q. It's probably been more than two years with the**



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**injuries, 2023 up until this year. You came into '23, you were still thinking Séamus Power is a name to be known. Do you look at it as a clean slate from now on and focus on getting yourself in position to play at Adare?**

SÉAMUS POWER: Yes. Every Irish golfer since that was announced, I feel like that's been circled. That's going to be huge golf.

The last couple years have been frustrating. Look, it happens. It's one of those things you can't control. You do your best to get past. Starting in '23, obviously things are cruising along. You never think it's going to happen to you. You see it happen to other guys.

Yeah, it was frustrating. It was nothing catastrophic, which made it stranger. Like I said, you can still play. You knew you weren't at your best, but you were good enough to kind of get by. It was a bit of a setback this year. It was the same thing stemming from the hip. I was kind of all learning this the last few years. They're all connected, left hip to lower right back and all that stuff.

Finally to get some answers too, like the left hip is a hundred percent again, which has been amazing. I thought it was something I was going to have to deal with forever. I found a guy in Las Vegas who worked a miracle there. It's been great. And finally get some answers with the back as well.

It was nothing serious, nothing long term. It was just one of those I couldn't quite get figured out. The season now, you don't have a very long break, so you don't have a really massive time off or you're looking at inquiring about medicals and this and that, but you realize they're not really all they're cracked up to be, so you're kind of trying to play it through.

It's one of those things that happens in sports. Like I said, I feel great now. Really looking forward to a strong finish for the year and kind of kick on from there.

**Q. I know you were 28th in the world once. Obviously you have to get back to some of those events to get to Adare. So how important is this next few weeks, months to get back to where you want to get to?**

SÉAMUS POWER: Yeah, if you're still in the top 120, it's kind of weird -- top 100, basically, yeah, is where you want to be. The goal is going to be to get a win in the fall. I always say that. Obviously the season hasn't been great so far, but in 12 days time, I could be having a great season. That's the way I look at it, and that's the way I've always kind of been able to at least trick myself into

thinking like that.

Four good rounds here and four good rounds in Napa next week, and things could be very, very different. You see that happen with guys, and I'm obviously planning that's going to happen to me the rest of the year.

I feel like it's in a good spot. The game is really coming around. The weird thing about the injuries is the equipment gets messed up because the spin rate changes, the speed changes. You lose the mojo you have because you haven't changed things in a couple of years and all of a sudden you're tweaking stuff.

All those things coming back together, it's really exciting. Really looking forward to the stretch, and I feel like it's going to be a good fall for me this year.

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