

U.S. Senior Women's Amateur Championship

Wednesday, September 17, 2025

Hot Springs, Virginia, USA

The Omni Homestead Resort

Sue Wooster

Quick Quotes

Q. Awesome. Well, great match today.

SUE WOOSTER: Thank you.

Q. Super exciting. Tell me how it feels being in the championship match.

SUE WOOSTER: It feels amazing. Whether I win tomorrow or I lose, just I'm 63 years old and I've been in three finals and lost all of them. To be honest I never thought I would make another one.

I haven't been playing that good this year, and something just clicked couple of weeks ago and started to get in a groove and I guess here I am. I can't believe it.

Q. What are you most proud of? It was pretty up and down there.

SUE WOOSTER: I'm proud of my mental game. I've been really struggling with my mental game. I was going to give away tournament golf because I had so much anxiety and probably nerves and tension, and I just surrendered to it a couple week ago and said, you just got to (indiscernible.) You get nerves, you get tension, you're a normal human being.

Don't fight it. Just let it happen. I kind of had a release and since then I've been playing good.

Q. Wow, what a breakthrough.

SUE WOOSTER: Yeah.

Q. And also what a shot over here. How are you feeling as you stepped on the tee there?

SUE WOOSTER: Well, the first time I come down this hole I had 78 meters, like 88 yards or whatever, and that was a good yardage for my gap wedge. I hit it to like three feet and holed that for birdie to go 1-up.



Then I had four more meters this time. I didn't want to hit more club, just squeeze a bit more out of it. Yeah, it's like now or never. You work where ass off to...

Q. To get here, yeah.

SUE WOOSTER: Come one, pull it out. So I did.

Q. What do you think is the most challenging part about this course?

SUE WOOSTER: On the greens, 100%. I haven't putted my best all week. I'm having a little bit of trouble gauging the speed. Sometimes downhill they're fast and sometimes they stop halfway down and sometimes, you know -- I think the uphill putts are okay. It's just the -- I think they're just a little bit different speeds and having trouble so it's a little bit of guesswork.

You can only do your best.

Q. Right. Tomorrow as you approach the championship match, I know this is a stage you've been on before, how are you mentally going into it? You just mentioned you had a breakthrough a few weeks ago and how are you going to contain those nerves?

SUE WOOSTER: Yeah, just like I played all the other matches. I mean, I'm happy I've come this far. Obviously I want to win it, but I don't want to -- I think some of the other years, because I lost a few in a row, I just put too much pressure on myself. I don't want to do that. I just want to keep doing what I'm doing and try and enjoy the day and soak up the experience and just have a good memory with it, whatever the outcome.

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