

Women's Amateur Championship

Quick Quotes

Wednesday, 11 June 2025

Constance Fouillet

Q. Constance, quite an eventful start today. Tell us about the opening three holes.

CONSTANCE FOUILLET: I keep saying that I'm kind of a diesel. Always off to a slow start. It takes me a few holes to actually lock in. Started with a three-putt on No. 1. I was kind of just like, it's whatever, I'm used to that. Then had a pitching wedge in on the second hole, stuck it two, three metres, pretty easy eagle. Was great, honestly. Kind of kept me back in.

Then had a double on the hole after that because I pulled -- my tendency right now is pulling my tee shots, so I pulled it into the bunker and then I had to lay up. But my lay-up, you've probably seen the green on No. 3, it's really bouncy, just goes easily behind the green, and then three-putted from there. So it was quite a stupid double. But I was like, okay, it's fine. You started bogey, eagle, double, but you're just 1-over. You're just chilling.

I knew that the front nine was harder than the back nine, so I was like, I knew I was going to have a couple opportunities on the back. It worked out well. I stayed patient. It steadied itself up, and then just trusted the process, and it worked pretty well.

Q. Four birdies coming home to get back under par; obviously kind of put the start behind you?

CONSTANCE FOUILLET: Yeah, I mean, the birdies that I made on the back nine -- actually, yeah, you're right, I did make four birdies. Forgot about 9. They were all pretty much the same length. It was all pretty much like 15-footers that I made. Good speed.

Yeah, honestly, just created myself opportunities and made some of them. Really satisfied with this round today. The goal was to make the cut. I was obviously in a good position last night, but then I was also, like, it's so tight. So easily you could get out of the cut line.

I was asking my caddie not to talk too much about it, just stay in the process, because I knew I had it, but then I was like, let's not get too confident. Yeah, it was good. Pretty

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satisfied.

Q. Your caddie still earning his wage?

CONSTANCE FOUILLET: Yeah, I feel like yesterday was the perfect day for him and I, even though my game wasn't perfect but then it was great for us as a team, and today was a little more like -- I don't know, we had up and downs, but in the end, it worked out pretty well, so it was good. A couple misreads we had, I think, but nothing to worry about really. I think we're going to have a talk and maybe just keep it a little more simple because I feel like there was a lot of information on the course, and sometimes it was a bit much to handle. Like let's just hit it there, done.

Q. Yesterday you said you put in quite a bit of an intensive practice for this week. That's obviously bearing fruit.

CONSTANCE FOUILLET: Yeah, I'm going to be honest with you, I've been practising twice a week my entire life, and then this past year especially, obviously I'm in college so I got to college, got to 20 hours a week, and I was like, wow, this is a lot. So I wasn't really productive. It wasn't working.

Since this semester, beginning of spring semester, I changed my trainer, changed my way of practising and I was actually changing my mindset, as well, like okay, I'm actually going to give that a shot because I'm not really the type of person that enjoys practising. I like to play and I don't like practising, except if you want to play good, you've got to practise.

Yeah, the last two weeks I was locked in. I was just trusting it, go to the golf course, get some swings in and get confident, really get confident.

Q. Celine Boutier won this title maybe a decade ago now. She's obviously a great inspiring figure for the French girls.

CONSTANCE FOUILLET: Yeah, she is. She's really inspiring. I think that's -- the Women's Amateur is obviously a great tournament in a career, but I think it's important for me not to get on top of myself and be like -- I think, yeah, Celine is obviously really inspiring, but she probably did the same thing I'm trying to do right now is go

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step by step. I've got six matches ahead -- probably five, six, so it's quite a bit, and I think I've got to go step by step, match by match.

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