## Africa Amateur Championship

**Quick Quotes** Wednesday, 21 February 2024 Kyra Van Kan



Q. Talk us through your round today. What did you enjoy about your round and how do you think you played?

KYRA VAN KAN: I got off to a little bit of a shaky start. I personally think that the front nine is guite difficult. I didn't play -- well, I didn't start off that well. But the back nine I just felt a lot more confidence, and I started birdie on 11, and then I parred the par-3, the 12th hole, and then I made four birdies in a row from there. I was just on a roll.

I think 18 got to me a little bit because I didn't finish that well. But I'm still really happy with the fact that I put up those four birdies in a row. That was really good.

## Q. Those four birdies were fantastic. How much confidence and momentum does that give you going into tomorrow? You must feel that even despite that double bogey at the last, things are going well for you?

KYRA VAN KAN: Yeah, I feel great about my game. Quite honestly, today was just like a start. I just wanted to see how the rest of the field were playing and to see how low I can go. It was a great start to be level par. I think if I play the front nine a lot better tomorrow, I'll have a really good chance of going low and under par. I want to be under par for the tournament.

I'm hitting the ball nicely, and if I can just keep it in the fairway tomorrow, then all will go well.

## Q. How are you coping with the heat out there? I know you've probably played in heat like this before, but it seemed to be tough out there for everybody, including the men.

KYRA VAN KAN: Yeah, it's really tough. Today was quite hot. But the wind did help a little bit. There was a slight breeze blowing. But quite honestly, I just stayed under my umbrella the whole day. I drink so much water, hydrate a lot. Every time I walk after I hit my shot, I'm drinking water. I've got like a cooling towel that keeps me cool. I think that really helped a lot.

I didn't battle it as much today, but I really battled in the



practice rounds, even with the walk. Walking this golf course, it's an extremely tough walk. But today I handled that a lot better.

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