

Golden State Warriors Media Conference

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San Francisco, California, USA

Moses Moody

Media Conference



Q. Ready to move forward with a core group?

MOSES MOODY: That's the plan. Coming back, get some time off early on and just getting back in the gym for the summer time.

Q. How much experience did you gain in getting a lot of key rotation minutes during this postseason run?

MOSES MOODY: Yeah, a lot. The playoffs is different, different atmosphere than any other basketball. So just getting another year of that under my belt, experience, consistently, that was good for me.

Q. You won a championship last year, and when you look at last year's team, versus this year's team, two different teams, but what do you think were the main differences in your point of view in terms of attitude and approach and all those things?

MOSES MOODY: Last year's team was a lot older with belly and obviously GP coming back, Juan, D-Lee, OTT o, so guys that have been in the league for a while and they approach the game with a different -- they have been here before. They have done it so much. Yeah, you can just kind of feel that.

Q. This year?

MOSES MOODY: Obviously a lot younger. Guys coming in, trying to figure it out. A lot of guys had really good years. So that was that. But that's just the difference.

Q. You and Jonathan and just a lot of other younger guys, even James when he was still with the team, had a lot more responsibility put on you guys. How was that as those older guys left, being put in that position, not knowing when you're going to be called on, and trying to learn and maintain what you guys were doing last year?

MOSES MOODY: You know, we struggled a bit early on in the year. Just losing some games, it was on the road, at

home, it was on the road a lot. But I mean, that's just experiences you can learn from. The situation is what it is, so you've just got to go in there and figure it out. I know I say that a lot but that the answer to a lot of questions.

Q. Moses, when you're thrust into a playoff series, your primary matchup a lot of times was helping on LeBron James. What is the takeaway from a series where you're going head to go ahead against one of the all-time greats, and what did you learn about yourself going up against him?

MOSES MOODY: It's always fun to compete against the best. LeBron is LeBron. So just being able to go and compete at a high level with the greatest, and a lot of other really good players in the playoffs is always a good opportunity.

Q. I know it's fresh but can you already think about moments in the series where maybe you saw something that worked against LeBron that you would want to add or something that didn't work that you want to maybe correct in that way, even now, or will that need to take time this summer?

MOSES MOODY: Obviously just developing my body, that's the only thing that I definitely want to get into, not necessarily because of that series or anything, but there's things to get better on between this year and next year, because I play a lot bigger than I am. So just that's one thing. I mean, just continue to develop in all areas of my game.

Q. So are you going to come back next year weighing like 235, 240?

MOSES MOODY: Well, definitely going to look like it but going to put in a lot of work.

Q. When you look at your role this season, it changed. You're in the rotation, you're out of the rotation, you're in the rotation, you're out of the rotation, yet in the last couple weeks here, you were getting meaningful minutes and you were pretty productive. How hard is it to be able to come in kind of cold sometimes and hit

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a shot? Because it seemed like you often were able to do that.

MOSES MOODY: I mean, it's difficult. But when you do get an opportunity, when you get on the floor, if you're thinking about all the times that you wasn't on the floor, you're not going to capitalize on the opportunity that's in front of you. I say it's challenging but at the same time, once you are in the game, it don't really matter if the game started in the second quarter for you, in the second half for you, that's the start to your game. You've just got to go out there and play.

Q. I've heard guys in that position say a lot of times when you play at the playground, you might not play for a while because other teams are on the court and when you finally do get a chance on the court you have to show it and you've got to be ready. And if you lose you might not play again for another hour. I'm sure you went through some of that. Does that help you out in those situations like this?

MOSES MOODY: For sure. If you come to the gym and you don't play and you lose and then you don't play for a while and you get back on the court, ain't nobody want to hear, Oh, I'm cold; I'm not warm; I didn't get to stretch. That other team that you're playing against, they probably won five in a row. But you've got to get out there and produce. Yeah, that's a cool analogy.

Q. Going back to January, February, you guys had guys out, different circumstances where Donte, Ty, Anthony, you, Jonathan were kind of thrown into the fire and playing long stretches and key rotation minutes. How much can that group sort of gain from being thrown in like that and the continuity that maybe can come from that down the road?

MOSES MOODY: Yeah, I mean, like we've always said, it's challenging being thrown in and not knowing when you're going in and all that. But whenever you're challenged, whenever you are met with adversity, you learn from those experiences and you get a lot better than when things are easier and when things going good.

So it's a lot of opportunity to have some adversity to learn from.

Q. How challenging was this season overall for everybody when Andrew had some difficult luck, JaMychal, just so many different things that were happening and guys out for different reasons, and maybe hard to get in sync at times.

MOSES MOODY: Yeah, I mean, as far as I've seen, that's

how the NBA works. That's not just our team. That's how everybody just got to deal with it and that's why winning a championship is so spectacular because it's not only who is the most talented team, who is the best team. It's who dealt with adversity the best. Who was able to overcome this, who got lucky when it comes to injuries and things like that. Those are all just things, hurdles to go with the NBA season.

Q. What was the message that you got from the organization in your meeting here on the exit interview?

MOSES MOODY: I haven't had my meeting yet.

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