## Golden State Warriors Media Conference

Monday, September 29, 2025 San Francisco, California, USA

## LJ Cryer

Media Conference



## Q. What did you do to work on your game this summer?

LJ CRYER: It's been a lot of conditioning. I've been up here for a little while now. I've just been playing with the guys and just trying to get acclimated on what they like to do here. In college, I played at a slower pace because I went to Houston, more of a defensive school.

So just getting adjusted to the pace that you have to play with here has been the main thing. So just getting in shape and getting my body prepared for Western Conference been the main thing.

## Q. You said you're used to a slower pace. How would you describe the pace with Steph on the court?

LJ CRYER: It's definitely a different pace. I only got to practice with him one day he popped into scrimmage with us. He doesn't stop moving without the ball. Seeing that helps me because I feel I'm a visual learner. Watching what he does I felt like I could implement that in my game. Like I said you have to be in great shape to be able to do that. So that's something I've been working on a lot.

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