

# Oklahoma City Thunder Media Conference

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Oklahoma City, Oklahoma, USA

## Josh Hall

Press Conference



**Q. You kind of talked to us a little bit about this, about how you were able to stay positive, to come back and be able to play the stretch of games you were during your injury. What was that process like for you?**

JOSH HALL: It was countless minutes and hours of rehab, watching what I eat, watching things I do. You know, like doing little things like getting into the cold tubs and hot tubs that we've got here after practice and just taking care of my body.

**Q. For a guy like you that is just trying to make it in the NBA right now, how far do you think you came to sort of solidifying your status as an NBA player throughout the season and maybe even last night being a big step in that?**

JOSH HALL: I feel like I took big steps this year. I'm fresh from high school, so just learning how to be professional and learning how to carry myself like one from the guys in the locker room, whether it was asking questions or looking back from afar. I feel like I definitely improved a whole lot.

**Q. Looking back at last night, you're attacking off the dribble, finishing on drives. How much of all of that last night was kind of a product of the work that you've put in throughout the course of the season?**

JOSH HALL: It was a whole lot. When I got here, they emphasized me playing with force and making the right reads and things of that sort. You know, that was a little bit of something that I learned over the course of the year.

**Q. Who was a player or players who helped you the most this year get adjusted to just life in the NBA?**

JOSH HALL: Definitely when I first got here, Hami, he did a whole lot with me, and I give him kudos for that. But since he got traded, Shai, he's definitely helped me, and Lu. And then the guys that I was in the bubble with, they helped me a lot, too. You know, it was a collection of people.

**Q. Just when you look back on the path you took, like you said, coming straight from high school, what has this year been like for you, and are you happy with the decision you made coming out early?**

JOSH HALL: I'm definitely happy. Like I said, I learned so much. I've learned how to be a good teammate. I learned the work that you have to put in to get to where you want one day.

So yeah, I definitely accept my decision, and I love the decision that I made, especially me being here at an organization who actually cares about the development of players. You know, they're very hands on.

**Q. You mentioned the bubble. A couple of guys that were down there with you really had strong second halves. Ty hadn't played much. Poku got much better. What was it about that bubble experience that helped everybody that when you got out of it and got back to the NBA from the G-League, that such big steps were able to be taken?**

JOSH HALL: Right. Unfortunately I didn't play in the bubble. I was hurt. But you know, seeing those guys play in the bubble, just to get those reps, I feel like it definitely gave them confidence. You know, they just went and took it from there.

Like you said, they made huge strides the second half of the season, and then they also came with this organization, putting them in games and letting them make their mistakes and letting them play through their mistakes.

**Q. I was just curious if you have like a plan for this summer, even down to specifics of here's how many shots I'm going to take, here's the defensive drills I'm going to do, weight room? Do you have a plan on that kind of stuff, or is that still to come?**

JOSH HALL: That's still to come, but I definitely know I'm going to get in the gym and work hard.

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