

Philadelphia Eagles Media Conference

Friday, December 20, 2024

Philadelphia, Pennsylvania, USA

Nick Sirianni

Weekday Press Conference



Q. Did A.J.'s knee injury happen in practice or is that something from the game

NICK SIRIANNI: Yeah, he was limited yesterday. We'll see how it is today.

Q. Was it a practice thing or was it the game?

NICK SIRIANNI: He was limited. Yeah, he was limited yesterday.

Q. Well, he didn't enter practice --

NICK SIRIANNI: You guys can figure that out.

Q. So did he finish practice?

NICK SIRIANNI: He was limited.

Q. Last time you played Washington it was a short week. This time, you get the full process does. That affect anything either way?

NICK SIRIANNI: Any time you go in and play a team a second time, you have things you go about looking for. It's a unique week, very similar to a Monday night game, very similar to a Thursday game, very similar to a Thanksgiving Day, very similar to opener, coming off a bye week. You are presented with a lot of different things on a schedule with different types of schedules, and so you kind of go through your checklist of things that you do on those.

You know, we had that this week. Again, very similar to how you go through a Thursday night game. And so you know -- but it was our normal week process with those extra additions of second time playing a team.

Q. With A.J., is he going to be out on the field today?

NICK SIRIANNI: We'll see how it goes when we get out there.

Q. What is it about Vic Fangio that's allowed him as one of the oldest defensive coordinators in the league to connect with so many of your young players on defense so well?

NICK SIRIANNI: I think the thing is, with -- with highly motivated players like we have, the thirst for knowledge is, you know, huge, right. So these guys are motivated. You know, they see that Vic can help them get better and that's where a relationship can start, and Vic has done a great job connecting with our guys and putting our guys in positions to succeed and helping our guys play well. Our guys have played well. So it's a true group effort, and like I said, can't say enough good things about Vic and all the things that he's brought to our football team and the way he's doing it, leading our defense.

Q. What are some of the ways your defense has grown just in the last couple of weeks?

NICK SIRIANNI: Again I think we've been playing really good football for the last ten weeks or. So even before we got on our winning streak, I thought our defense was doing a really good job as well. We continue to get better at our fundamentals. We continue to be on the same page and we continue to play with relentless effort and I think we are just getting a little bit better each week.

Q. This time, you're not just thinking about a 17-game season but 21 games potentially. Are you at the point of monitoring the snaps of some of the key players as you get down the stretch?

NICK SIRIANNI: We've got to do what we've got to do to win each and every game. We're focused on washing torn and we'll do whatever we can to win Washington. Everything else is out of our control. As far as that goes, as far as anything else goes, our job is to focus on Washington. We'll take week that way. We'll take next week that way the way we need to take that week. All our focus is on Washington and the things we need to do to win this football game against a good football team.

Q. The team put out a video of you emphasizing the team -- together; that something all year you've emphasized or have you just now decided on this message?

NICK SIRIANNI: I think at the end of the day, it's something we have emphasized since 2021. It's a simpler way to say our core values and chunk them all together, like offensive coordinator and fundamentals are detail, right, and the things that go into that. Toughness is -- we talk about that and compete together as connect. So it's just a different way of saying it to be quite honest with you. You know, it's really something, a message that we've been talking a lot about for the last four years. Just a catchier way of saying it with TDT.

Q. Seems like very little talk about the NFC East title in the locker room from what we've gathered. What do you make of that and how it speaks to the team's mentality?

NICK SIRIANNI: Just that we are going about our business to try to win this football game. We know what it means if we win this football game. But our goal is just to continue to get better each and every week. Focus on the things that we can control. Just like kind of when we made the playoffs, you know, we said, all right, let's go -- congratulations, that's as long as it lasted. Let's go and see how we can get better from this and it will be the same conversation. We'll congratulate each other when we have that opportunity to do so. And then we'll move on and then get better.

Q. Is it different from two years ago when you guys won the NFC East?

NICK SIRIANNI: I think we had that same mindset back then it. Was the exact same mindset. We enjoyed it for the moment and then we were ready to move on.

Q. The ramp-up period --

NICK SIRIANNI: Yeah, you know, again, any time you're getting back and recovering from something, it's always going to take a ramp up. Every situation is a little different. Every guy is a little different. We'll see how that goes.

Q. When it comes so Saquon, in the Giants video, you asked if he wanted to go for the single game record, and we'll know more -- if he wants to go for the record, where does that fall with you wanting to rest guys?

NICK SIRIANNI: We'll cross that bridge when we get to it. We are focused on winning this game and what we need to do to win this game.

I'm sorry, guys, I want to be respectful and answer your questions, but we're boring. Our sole focus is how we get better today in practice. Laser focus through everything. Laser focus at practice. We need a great day of practice

today to help us win this football game against a very good football team. That's literally all we're thinking about. That's all we're focused about.

I know that doesn't make for a great story but our locked in focus is here, and the more you think about things that are out of your control, the less you're going to think about things that are in your control. And so we've got to have a great red zone today, recapping the rest of the week, play with great fundamentals out there today. Handle the elements out there today because the game is going to be cold and the more we can get out there in situations like this, the better it's going to be for us, and that's all our focus is.

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