

NW Arkansas Championship

Saturday, September 24, 2022

Rogers, Arkansas, USA

Pinnacle Country Club

Jennifer Kupcho

Quick Quotes

Q. Here with Jennifer Kupcho. Bogey-free, 6-under today. What a round. Just walk me through your day.

JENNIFER KUPCHO: Yeah, I mean, I'm hitting the ball pretty well this week. I came off a couple rough tournaments, so really just trying to get my confidence going early in the round, and that's what I did, and was able to just keep it rolling.

Q. Speaking of keeping it rolling, any of those putts that you may have hit out there today for birdie stand out?

JENNIFER KUPCHO: Not really. I mean, yeah, it's nice to see the ball going in. I've definitely been trimming the edges a little bit the last couple weeks, so to see them actually fall and see the hard work that I've been putting in actually pay off is really nice.

Q. I mean, obviously three wins this year. I know, like you said, you were frustrated with the last couple weeks. How do you stay patient and remind yourself that you have plenty in the bank, it's okay to have a couple off weeks?

JENNIFER KUPCHO: Yeah, I think it's hard, especially being in the spotlight after getting a lot of attention this year. Coming off a couple bad weeks, it's hard. I mean, golf is a hard game it's mental already. Then to not have confidence going into a week is really hard.

So really just working with my swing coach, who's also my mental coach, just getting through it and realizing that I've put in the work, that it's going to pay off.

Q. It has paid off up until this point. Just for you, like I know there is a lot of outside expectations, but how -- I know you're a player that likes to put the clubs down when you leave the golf course. How do you give yourself grace in those moments? Because let's be honest, you've won three times this year and you're in the mix again.



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JENNIFER KUPCHO: Yeah, I think just like relaxing. I mean, it's hard because you play so well during the year and you just want to keep it going. I've kind of done it every year out here; the last half of the season I kind of fall apart a little bit.

It's just hard on the body. Really just trying to figure that out, and eventually I'll get it down one of these years.

Q. You seem to have it down so far this week. What do you do off the golf course to maintain your energy, especially when we're in such a stretch that we are in right now?

JENNIFER KUPCHO: Honestly, just don't do anything. I've been recently working out a lot just because I've been tired and feeling my muscles aren't helping my swing. Just working out a little bit. Some people think that kind of hurts your energy a little bit, but it gives me more energy.

So just doing that.

Q. And then like I said, in the mix again heading into Sunday. What do you look for from your game tomorrow that will help you lift that fourth trophy this season?

JENNIFER KUPCHO: Yeah, I think just keep going out there and play my game. I mean, you're going to have to go low, so just go out and try and make some putts early.

Q. And then finally, obviously broke through at Chevron this year; second one came quickly; and the third really right after that. In your wildest dreams did you envision four titles in a season?

JENNIFER KUPCHO: Not at all. Yeah, it's so hard to win out here, so to get them all so quickly in one season is pretty amazing. So I'm just blessed to be out here playing.

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