Trust Golf Women's Scottish Open

Saturday, August 14, 2021 Leven, Fife, Scotland, UK Dumbarnie Links

Charley Hull

Quick Quotes

Q. Just your overall thoughts on day three here, tied for the lead heading into tomorrow?

CHARLEY HULL: I haven't been thinking about it too much. Just another day in the office as you say. But yeah should be a good day tomorrow.

Q. What were you thinking as you were going about the front nine, being able to notch those two birdies early?

CHARLEY HULL: I wasn't really thinking much, not about golf, anyway. I was thinking about loads of other things but not golf.

It's coming to the point now where I'm playing well and I don't even know how many birdies I made, I can't even are remember what shots hit on the golf course like that because my brain is not thinking too much. That's my problem, I think too much. Trying to turn it off.

Q. You were talking yesterday about some new obsessions, when did that mindset, when did you switch over into that kind of mindset--

CHARLEY HULL: It's not really -- I've got a very addictive personality, so sometimes it can help me and sometimes it cannot help me, and it can get in the way of a lot of stuff.

So now I'm just trying to, like, not be too obsessed with golf because that's what -- sometimes I get too obsessed with golf.

Like, you ask my family, every couple of months, I have a new obsession. I just try and turn my mind off golf a bit because I get a bit too obsessed with it.

Q. Compared to yesterday, the conditions, the wind seemed weaker. Did you notice that at all?

CHARLEY HULL: The wind actually felt warmer, as well,



so the ball was going a little bit further. Especially on last few holes it dropped off a bit.

Q. You say you don't like to think about golf when you're out there.

CHARLEY HULL: Yeah.

Q. But do you look at leaderboards at all?

CHARLEY HULL: Back in 2016 when I won the CME I didn't look at the leaderboard the whole week until I stepped on to the 18th green, and I looked and I was two shots ahead, and this week I haven't really been looking at the leaderboard too much either. So yeah, I'm going to do that tomorrow?

Q. Are you like that? Is that just something you've done your whole career?

CHARLEY HULL: Not really. My best weeks I usually do it, and the other weeks I'm too nosey and I do look. So I'm learning not to be nosey and not look at the leaderboard.

Q. How confident do you feel in your game, especially after a week like this?

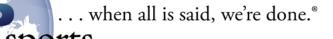
CHARLEY HULL: I've been feeling confident the last six weeks ever since pretty much, just the couple weeks after U.S. Open. I feel good. I feel really good.

Q. What is it about your golf game that feels the best?

CHARLEY HULL: My golf game this year has probably been one of the best I've ever been. I put so much hard work into it in the winter. But it's my mind; I've been struggling very, like, mentally on and off the golf course but the last few weeks I've been feeling a lot better, so it comes into my golf.

Q. Compared to when you last won in 2016, where would you say --

CHARLEY HULL: I feel like I'm playing a lot better. The last few years I feel like my game is way better than it was



back then but just mentally I'm not quite strong. But I feel like I'm getting a lot better now. So, yeah, I feel really, really good. I feel happy.

Q. Does that mindset when you try not to think about golf, help?

CHARLEY HULL: 1,000 percent, 1 million percent, it really does. And I like it. Silent mind, that's it. It's the silent mind.

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