

# Trust Golf Women's Scottish Open

Saturday, July 30, 2022

Troon, Scotland, UK

Dundonald Links

## Maude-Aimee LeBlanc

Quick Quotes (2)



**Q. Chatting with your caddie, Michelle, said you're being more positive on the golf course. What's been that shift in mindset for you?**

MAUDE-AIMEE LeBLANC: Well I started working with a sports psychologist a couple months ago. I feel like my scores haven't been as good as my game has felt the last few months and we are just trying to figure that out. The mental part was a big reason for that.

Yeah, I'm just trying to read some books, too, about that topic and I'm reading a book right now called attitude is everything. You know, I just try to change my mindset and just look at everything a little bit more positively.

Feels like my game is good. That's why it was frustrating and that frustration took over a little too much, so yeah, just been trying to feel more relaxed out here, and again, yeah, look at the positive side.

**Q. Just heading into contention tomorrow, you're not a rookie and you've been in contention, but what memories will you carry from your times in contention and what adjustments will you make to give yourself a chance?**

MAUDE-AIMEE LeBLANC: Like I said earlier, in these moments in the past my adrenaline tends to go up a little bit and it gets harder to control distance, and then everything gets a little more quick, decisions and everything.

I think tomorrow is going to be key to notice if that happens and then focus more on my breathing and then try to everything down.

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