

# ISPS HANDA World Invitational

Thursday, August 11, 2022

Northern Ireland

Galgorm Castle & Massereene Golf Club

## Cara Gainer

### Quick Quotes

**Q. Here with Cara Gainer after she shot a round of 4-under at Galgorm. You are the last group out this morning. A little bit hotter conditions for you. How did you find it?**

CARA GAINER: I've really enjoyed it. It's my first time playing this event, so I was really excited to tee it up and just see how it goes, have fun.

Had a really nice group of girls. Yeah, we had a lovely time.

**Q. How did you find the course out there? What were the conditions like?**

CARA GAINER: Today, well, I haven't played it since Monday and it was much firmer than it was Monday. We laid back quite a lot with some 3-woods, not as many drives as I had done in the practice. Playing a lot to the front green, let it roll up.

Yeah, it was a bit different but I enjoyed it.

**Q. What would you say the strongest part of your game was today?**

CARA GAINER: Played the par-5s really well. I birdied every par-5 apart from 18. I was pretty much on in two in all of them.

Accuracy on the par-5s I think today.

**Q. In terms of preparation for tomorrow, playing at Massareene, a different course. What are you going to do today to help with that?**

CARA GAINER: I think, to be honest, just relax, take a breath. Yeah, get back into my routine. Obviously teeing off in the afternoon tomorrow, so, yeah, just get a good night's sleep, relax in the morning, and go again.



# ISPS HANDA

## WORLD INVITATIONAL

Presented by Aviv Clinics

**Q. What have you been doing over kind of the past few weeks? Obviously played at the Big Green Egg and then retired at the Scottish.**

CARA GAINER: I've just been, yeah, just working on my swing. Just nice to have a bit of practice time. We haven't had much practice time in the last few months I guess, so to have two weeks sort of do my own thing, and also relaxing, catching up with friends which is really important.

Yeah, that's what I've been doing.

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