

LPGA Qualifying Tournament Stage II

Sunday, October 24, 2021

Venice, Florida, USA

Plantation Golf and Country Club

Allie White

Quick Quotes

Q. You showed up today, had to put up a number, you put up a number. What are some of your emotions right now?

ALLIE WHITE: Pretty stressed out. Yeah, I'm really grateful for my friend that came and caddied, my friends that came and watched. Ken is like a calming force. My fans were calming today.

And, yeah, I did good so I'm happy.

Q. Like you said, it's been a really stressful, trying end of the season. You told me earlier in the week that you do your best to keep things in perspective. How did you keep that in perspective this week, having to go low on Sunday?

ALLIE WHITE: Well, I just tried to remind myself to stay in my process. Yeah, my mom texted me last night, I love you and I had so much wine to drink.

She said, You know, just try your best and the putts will fall where they'll fall. It was a pretty funny text message. Basically just try your best and it'll either go in or won't go in. So I just tried to remind myself of that. Sometimes right before I putt if I'm by myself it's like, Well, it's either going in or it's not.

Kind of loosens you up. So, yeah.

Q. Take us through some of your highlights out there.

ALLIE WHITE: Well, was a little nervy to start my tee balls so I ended up on No. 2 having under this tree and whatever, and I just punched like a perfect 5 to like three feet out of the rough.

UNIDENTIFIED PERSON: Shot of the day.

ALLIE WHITE: Shot of the day. Yeah, it kind of got my legs under me because I had been a little nervous, although I hit a couple more bad ones.



(Laughter.)

But and then there was this one on -- No. 17 is a really tough driving hole, and so I kind of played the safe driver over into the rough, which is kind of what I always do. Then it leaves you this difficult angle and you're trying to read the wind and the rough.

Anyway, I just put it right on the green, which is exactly what I needed to do. Then I made an awesome drive on 18, and I think I got ahead of myself and was like, Those were all the hardest shots. I did it. I hit all the hardest shots.

Then obviously I put it in the water when I thought I was coasting, so I got ahead of myself, got a little bit out of my process.

And then my caddie was like, Would you just take a breath? I was like, Okay, I'm going to go make a bogey. I was really determined to make that bogey, and I hit a great wedge and thought it was closer than it actually was. Then it was like this nerve wracking six-footer that was terrifying and then I made it.

That was a good feeling. I knew 2-under wasn't really going to do it and I thought 3-under had a chance. I thought 4-under was for sure going to do it. That's where I was thinking at the moment.

Q. Having somebody like Vicky on the bag, what was that experience like the whole week? You've got a pal of course, but to have that golf knowledge with you?

ALLIE WHITE: It was super helpful because I was really most of the time, so just very calming. (Laughter.)

CADDIE: Me?

ALLIE WHITE: Yeah. Do you feel like you did anything else good besides keep my calm and hydrated?

CADDIE: Trying to keep the jokes coming.



ALLIE WHITE: Yeah, she had some good sense of humor. Green reading was so-so. (Laughter.) Just telling the truth. Yeah, occasionally she'd get it right and I wouldn't believe her, and then when she got it wrong I would believe her. Anyway, it was a wreck really.

CADDIE: That happened a lot.

ALLIE WHITE: It did. We crossed a lot on the reading. Overall it was -- I don't think I could have done it by myself, that's for sure.

So...

Q. I mean, like you said, everything has been stressful, hard, trying. How relieved are you to number one have a place to play next year, but to have a shot at your card in a month and a half?

ALLIE WHITE: Yeah, I haven't played in -- back then it was stage three and it was six years, and I only done it once and I'm a lot better than I was six years ago and I feel like I'm playing awesome this year.

So like I just feel like I have a really good chance and would've been a shame like to not get to play this year when I'm playing my best year of golf, you know.

So I'm really happy to get a chance. It's obviously no guarantee, but that was my whole goal for the whole year was just to give myself a chance at Q Series.

So it's awesome.

Q. Being 31 --

ALLIE WHITE: Yeah.

Q. You --

ALLIE WHITE: Clock is ticking.

Q. Well, that, but you bring a lot of maturity and a lot of experience to what you're doing. How much has that helped you? I would think being a little bit more mature helps you keep the nerves in check, everything in perspective.

ALLIE WHITE: Yeah, I think that I've definitely gotten better at golf this year in particular, so I don't know if it's age. Maybe being older.

I think a big difference from 22 year old me and 31 year old me is like I accept a lot of help better than I used to. But like I never talked to a sports psychologist before this year.

Never worked with anybody to help me set up workouts. Just kind of like, I can do that and I can read a book, you know. I don't need any fancy caddie.

Then this year I hired a caddie out in Idaho. She did a really good job, Brittany. And I talked to people and accepted a lot of help. Maybe that was part of being older. You know, I do think actually the -- like I know that male golfers peak at age 35 and women tend to stop a little sooner.

I think the idea that maybe it's -- I'm not going to go forever, so maybe I just got a few more years. I think that was actually a focusing pressure, you know what I mean? Like if you only got a few more years, you better focus, because -- you know?

You feel like you get to play forever when you're 22. Now it feels like, okay, you've only got a limited amount of chances.

That was like focusing, you know?

Q. How critical was the sports psychologist to you this year?

ALLIE WHITE: Well, I started seeing her like right in the middle of the season because I just -- well, maybe middle back half -- because I was super anxious about finishing in the top 35.

It was awesome because it gave me something positive to focus on and do as opposed to just sitting around being anxious.

So anyway, it was huge. She did a wonderful job. Maddie Dervy (phonetic) up in Canada. She was a rock.

Q. How are you going to celebrate?

ALLIE WHITE: Well, Ken is like the greatest drink maker in the world and I'm going to drink (laughter.)

Sorry.

Q. No, that's perfect. Congratulations. Hopefully see you in Alabama.

ALLIE WHITE: That sounds awesome.

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