

The Chevron Championship

Friday, April 1, 2022

Rancho Mirage, California, USA

Mission Hills Country Club

Sei Young Kim

Quick Quotes



Q. Really solid day out here at Mission Hills; 5-under 67. You had, what, four birdies and an eagle on the card today. Take us through the eagle on 2?

SEI YOUNG KIM: Yeah, I hit the good tee shot from the teeing grounds, and then I had 230 yard to the pin and I picked a 3-wood, and I pretty solid shot from the second shot.

So it almost like five meter from the hole, from my ball to the hole, yeah, five meters. So, yeah, I made it, and yeah, it was a solid starting today.

Q. Looking at your card you had 29 putts yesterday; only 26 today. What have you found on the greens here this week?

SEI YOUNG KIM: 26 what?

Q. 26 putts today. What have you found on the greens that's been working so well?

SEI YOUNG KIM: I mean, greens are really pure and good condition. If you read right and then hit where you want to target, it's -- yeah, it's result to what you're thinking.

Yeah, it's exactly right. I like this course and then green, yeah. Golf course condition, yeah, good testing my golf. Yeah.

Q. As somebody that's won a major you've been in this position before. How much does that past experience help you when you're chasing another major title?

SEI YOUNG KIM: Yeah, all my win, my accomplish, it's help a lot for the -- in this week, I think. But even that, I just try do my best. I don't think much about result. I just every tee shot I relax, enjoying. Yeah, talking through with the caddie, yeah.

Q. You made some equipment changes. You've got a 3-wood earlier in the week; got a driver today. What

are you trying to accomplish, and have you gotten there?

SEI YOUNG KIM: Because, I mean, the wind's the difference, so I try to fix it when the wind is strong. I want to less loft, so I like to fix my club and then control the -- with the weather. Yeah, it's golf club is really good tool.

Yeah, I like to fix adjustment and then it's different result. So, yeah, I did that.

Q. Do you adjust every day?

SEI YOUNG KIM: No. Just yesterday, because my 3-wood too low. So I make a little higher than yesterday, so it works today.

Q. Okay. What driver did you change from yesterday to today?

SEI YOUNG KIM: I use a Stealth now, but this week, yeah, but I keep -- I change back to my old club because it's not used to yet, so I need more time and then get used to.

So, yeah, I just, yeah. Yeah, I just what club helps, whatever club helping, I just do my best.

Q. You mentioned at CME that you were going to work out more because you felt you were losing some distance last year. Did you work out over the off-season, and have you seen any changes in your game from working out?

SEI YOUNG KIM: Yeah, I been in Korea during the off-season. I took like three month off, three months time, and most time I work out a lot. More than golf because that time only I can focus work out.

During the tour and tournament my body conditions is not really good after work out, so, yeah, I just think that way is -- it'll help in the future my condition.

Yeah, even now, yeah.



Q. How long would you work out for each day during those three months?

SEI YOUNG KIM: How long?

Q. Yes.

SEI YOUNG KIM: Every day like three hours, two hour. But I talking a lot during that work out, so it's not too much. Yeah.

Q. From 2015 to 2020 you won every year on tour; last year was the first year that you didn't. How much is that on your mind and how important was that streak to you?

SEI YOUNG KIM: Yeah, I had a good memories for eight years from here, and I just keep doing my best and then I keep challenging.

Sadly last year wasn't good, wasn't success, what I want, but, yeah, we starting this year I just, yeah, new challenging this year.

Q. What that part of the motivation to work out for those three months?

SEI YOUNG KIM: Yeah, sure. Absolutely.

Q. What does that three-month break do for your mindset? Is it kind of a refresh?

SEI YOUNG KIM: Yeah, because I want to take off time and I want to more relax and then without the golf. I want to stay there without the golf.

And, yeah, it's feel -- make me more fresh and then I have more energy for the tour. Yeah, got it from there, yeah.

Q. Final question from me: What positives will you carry from the first two rounds into the rest of the weekend?

SEI YOUNG KIM: I wasn't good round the first tournament, second tournament, but I got the good motivation and good feeling from the first round, second round today.

So, yeah, I just confidence from there and I just keep doing what I did today and yesterday. Yeah, I just keeping -- keep doing until the end of the round.

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