

Blue Bay LPGA

Saturday, March 7, 2026

Hainan Island, Republic of China

Jian Lake Blue Bay Golf Course

Aditi Ashok

Quick Quotes

Q. Aditi, another 2-under round today. Kind of just talk about your day today and with these tough conditions how you kind of fight through that, a couple bogeys, a lot of birdies.

ADITI ASHOK: Yeah.

Q. How do you kind of just put those bogeys out of your mind and continue to go on?

ADITI ASHOK: Yeah, I think it takes a lot of patience to play in the wind because usually I feel like when I'm playing well you can birdie any hole, but in the wind even if you're playing well, some holes you just can't get at those flags.

So you kind of have to take the chances that you get, and it makes those birdie putts that much more important.

And yeah, you have to be patient because you know you're going to have to scramble. No matter how good you play you're going to have to have some up and downs for par which you'll have to make.

Yeah, it's been mentally a bit exhausting. It is hard to play in the wind.

Q. Everyone thinks about the physical side of the game. Mentally, sometimes that's more important than the physical side.

ADITI ASHOK: Yes.

Q. How do you manage both of those, especially when you start to get tired?

ADITI ASHOK: Yeah, I think this week is actually physically pretty good. It's not super warm compared to like Thailand or Singapore. So weather is pretty good; just really windy. So it's like you're thinking -- I'm not saying you're thinking more on every shot. You're thinking on every golf shot. Here it's just every single time you're looking at where the wind is going to be stronger or what's the miss, and golfers don't like to think about the miss.



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I feel like on this course I'm just thinking about the miss a lot. It's not a negative thing. You just have to plan for your misses because otherwise the golf course gets hard.

If you miss in the wrong spots in the wind some of those up and downs are just impossible.

Q. And then tomorrow going to be near the top of the leaderboard at least. What every golfer is hoping for, to be in contention heading into Sunday.

ADITI ASHOK: Yes.

Q. Some people say nerves are a bad thing, but they can be a good thing. Means you're in contention, you care. What are do you try to block out sometimes during those kind of stressful moments maybe nervous moments and just focus on your game?

ADITI ASHOK: Yeah, I think I don't -- I mean, I don't really focus on what everyone else is doing. I think for me when I'm in that position I need to stick to my game plan.

And going off today, I feel like I made as many birdies as I did the first day and so birdies were good, but I just dropped a couple shots, just couple loose swings, couple bad decisions.

So hopefully keep that tighter tomorrow and just do what I know I can do and hopefully works out.

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