

Houston Texans Media Conference

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Houston, Texas, USA

Justin Britt

Press Conference



Q. What do you bring as far as an edge and intensity?

JUSTIN BRITT: Well, I've been out of football since October 2019 and ever since I hurt my knee I've been itching to get back and sitting out last year wasn't for me. I'm not ready to be done. I wasn't ready to retire and be done it. It was great family time, forever thankful for that but I wasn't ready to be done.

I'm hungry, enthusiastic and happy to be here. You know, we've got a really good group of guys not only in the five you see out there consistently, but throughout the group, the whole room and we have each other accountable and coming ready to work. I'm happy to be a part of them and I'm going to do what I can to keep us going.

Q. How do you feel about the talent level?

JUSTIN BRITT: Yeah, I think you look at LT, he's obviously a generational offensive line player and you go down the line, the whole room, like I said, brings something to the table that's special. You know, I'm not perfect, no one's perfect. But like I said, we come to work ready to get after it and we're going to do what we can to take the team where we want it to go.

Q. The time away, did that change your attitude towards camp? This is obviously hot and it's a grind and a long way to go. Is your approach the same?

JUSTIN BRITT: I try to approach it the same way but I'm a human, so repetitive stuff might, you know, have been like, all right, let's just get through it, let's get to the season. But being here somewhere new, get to go work with all these guys, getting to work with new quarterback, new running backs, it's rejuvenated my love and my enthusiasm for the game plan.

Q. You touched on it, but living here in Texas?

JUSTIN BRITT: Every day I'm running into new obstacles and new challenges. I'm light years ahead of where I was in the spring with the playbook, my confidence level has

sky rocked. Me and Ty-Rod are working together and honestly it's like I never felt and I've felt the best I've felt in numerous years. I'm ready to come to work tomorrow, the next day, I'm ready to go to Green Bay and start the season at home. So I'm just ready.

Q. How do you feel about running the ball?

JUSTIN BRITT: We should definitely run the ball. Throw the ball but we should definitely run the ball. We have the backs for it, Ingram, D.J., Phil, you have Burkehead, you've got Scotty, Ronnie. We got so many it's hard to remember them all but we need to use them all. It's going to be a tough decision whenever it comes down to it, not only in there but every position, we have so many good players. You control the game by running the ball, control the clock, set the tone. We want to run the ball. We have the group to do it and that's my mindset that I'm going to bring.

Q. Thoughts on Coach Culley?

JUSTIN BRITT: Coach Culley is a great coach. He definitely makes it easy to come to work.

Q. What's it like working with Tyrone?

JUSTIN BRITT: Oh, it's great so far. He's a good player, good guy. A good leader. Someone who also he went through -- I feel like he's had the short end of the stick the last few years in his career and he's hungry. I think we have a team full of hungry guys. I think they brought in a lot of really good players and pieced together a really good roster and it's up to us to come out here and compete, hold each other accountable, control what we can control and just be ready to go.

Q. Does he have that chip on his shoulder --

JUSTIN BRITT: Ask him. I can see it the way he leads practice, the way he comes into practice every play, but ask him. He'll tell you.

Q. How much do you help each other -- every player around the league --

JUSTIN BRITT: I feel like I've been doubted my whole career just because I bounce around, I feel like I'm overlooked. I don't care about Pro Bowl. I think that's a



popularity contest. I'm just here to win. I'm just here to play for my kids, have fun, be here for tight us, be here for LT, be here for all the dudes, be here for Max, McCray, everybody.

Q. Do you expect to be taking more snaps with DeShaun?

JUSTIN BRITT: I know I'm going to play center, and you know, I can't really see who is behind me. So I'm going to grab the ball and snap it when they say go.

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