

Houston Texans Media Conference

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Houston, Texas, USA

Laremy Tunsil

Press Conference



Q. Can you talk about the offensive line, specifically how it's going to be different?

LAREMY TUNSIL: We got a new mindset for sure, especially being with this new coaching staff, James Campen, our mindset is pretty much the same as last year. We just got to go in there and dominate. Offensive line got to be the biggest ones on the team. Got to have the best mindset of the team and we just got to be tough.

Q. In terms of your individual game what do you do to take it to another level?

LAREMY TUNSIL: I always try to find manage in my game to improve on, whether that's the run game, pass game, trying to be a leader, special. I try to find that 1 percent to get better every day.

Q. What does it mean to have people back in practice for the first time in two years?

LAREMY TUNSIL: I'm just happy to be fans, not just being here with just us. I'm just thankful and happy to have the fans back in the stands. It means a lot.

Q. How does the new coaching personnel that you have, how will that help in the running game and run blocking?

LAREMY TUNSIL: Like I said we come in here with a different mentality. Offensive line has to stake that step and improve, receivers, and everybody has to do their job and having those coaches that hold us accountable to do our job, it means a lot.

Q. What's that you're wearing --

LAREMY TUNSIL: It's my homey's brand, Quinnsy.

Q. What's the change of mentality?

LAREMY TUNSIL: Just be tough. Mentally tough and get better 1 percent each and every day. That's our mindset.

We just got it stand by it.

Q. Can you talk about -- at left tackle he looked good. Are you teaching him?

LAREMY TUNSIL: He's all over the place. He's doing a great job. He's a great guy, getting better every day.

Q. What are your impressions of Tyrod Taylor?

LAREMY TUNSIL: Smooth dude, man. You got to treat all quarterbacks the same. They going to get to that spot and your job is to protect that.

Q. The other running backs, Mark Ingram?

LAREMY TUNSIL: Dogs. They all dogs. They all played a lot of football and they all successful in this league.

Q. What do you think of Justin Britt?

LAREMY TUNSIL: He's a dog, too. He took a year off and he's back. Mindset is to get 1 percent better each and every day.

Q. Is it an important time for you --

LAREMY TUNSIL: I work out in Lynchburg, Virginia. That's a place that's kind of isolated for everything. It's my trainer I've been, with since my rookie year, Dominic Studzinski, go out and get your mind right, peaceful environment, it's good to get back to your roots.

Q. What do you think of Tyrod --

LAREMY TUNSIL: He's been doing this for a long time, his 11th year in the league and he's seen a lot of football so you have to trust a guy like that.

Q. Easy to follow?

LAREMY TUNSIL: It is.

Q. Is the offensive system the same?



LAREMY TUNSIL: The same. The same.

Q. What are some of your impressions about Mills?

LAREMY TUNSIL: He got it. He got it.

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