

Houston Texans Media Conference

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Houston, Texas, USA

Jacob Martin

Press Conference



Q. Jacob, the way the D-Line played, what did you think about the way the D-Line played?

JACOB MARTIN: Everything starts up front and I said earlier in the off-season that the D-Line brings the juice, D-Line brings the energy and when the D-Line such, the rest of the defense is up and when the rest of the defense is up, and when the rest of the defense is up, the team goes. I truly believe that the energy and the effort comes from the D-Line in terms of how our team responds and plays.

Q. Does it seem like Bobby -- what's it like --

JACOB MARTIN: I think if anything he can be a lot more hard-nosed. There's less rise on us in terms of coverage, and how we affect coverages through our pass rush, and really just focusing on the small details of our game, and you know, being violent and being physical, those are things that we work on and preach all day and every day. Just being enthusiastic. You get paid to play football.

Q. In terms of the defense, more time in the system, are you feeling pretty comfortable and liking what you're doing now?

JACOB MARTIN: Yeah, I think it's like a homecoming for me, being able to put my hand back in the dirt. I was at Temple for Lee and a half years and played true defensive end and I'm a lot more comfortable playing defensive end rather than outside linebacker honestly. So it's been nice, real nice to get back to that.

Q. What did you weigh last year?

JACOB MARTIN: Most of the year, 242.

Q. And now?

JACOB MARTIN: 252.

Q. What did you do?

JACOB MARTIN: Eating more. I ate a lot more Rice, honestly. Rice.

Q. Is it fun when you don't have to worry about staying small?

JACOB MARTIN: Yeah, I don't have to watch as much what I eat. I'm a leaner guy and I don't have to really watch as much what I'm putting in my body.

Q. Any cheat meals besides the Rice?

JACOB MARTIN: Lefty's.

Q. Great not having to worry about getting any coverage?

JACOB MARTIN: It's awesome. I'm not going to lie; it's just dope. It's dope. It's a blessing for sure.

Q. Any regular season game plans, what are you guys focusing most trying to get into the defense, the new scheme, game ready?

JACOB MARTIN: I would say focussing on the small details, focusing on the things that us as a defense can control and that's our effort and that's turnovers, actively punching at the ball, actively making moves and being in the right positions, and knowing and doing your job and once you know and do your job, then you can play -- you can be the athlete that you're gifted to be and play fast and physical, things like that.

Q. How much do you think is left in the bag with Lovie?

JACOB MARTIN: I don't know man to be honest with you. You know, Lovie has been around for a long time -- he's been around for a long time.

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