

Houston Texans Media Conference

Wednesday, August 18, 2021

Houston, Texas, USA

Jon Weeks

Press Conference



Q. Could this be the best special teams Texans have had since you've been here?

JON WEEKS: Without question, 100 percent. Our returners are explosive. We've got a bunch of really good savvy vets that block their tails off for those guys and know how dangerous they are when they get the ball in their hands. I think the return game is going to be pretty special for us this year.

Q. Your longevity, to be able to still do it, how much does that mean to you?

JON WEEKS: It means a lot. I think any snapper when they get into the league, they want to be able to say they're consistent enough to keep going for a long time. The fact that the coaching staff and my teammates trust me to go out and do my job and know I'll do it effectively is extremely important to me.

Q. We talk to Ka'imi or Cam and ask them about your accuracy, and they light up talking about what you're able to do. How special is that for you? Secondly, are you superstitious about that stuff?

JON WEEKS: I'm 100 percent superstitious about that stuff. I don't appreciate you talking about it at all to be honest (Laughter).

No, it's fantastic. My job is to make their job as easy as possible, for them to be comfortable, and if they light up when you talk about my snaps, then I'm doing my job at a high level. I'm going to keep doing my job to try to get better, but if they're happy, I'm happy.

Q. Do you ever sit back and think about how long you've been doing this, how long you've lasted, and where you came from?

JON WEEKS: You know, I did. I was with somebody in front of me, I was doing something, and somebody said they had a 2000 birthday, and I realized how old I was, which I thought was insane. Again, I'm happy to be here.

I'm incredibly happy to be part of this team. I love the way everything's going right now. I'm just fortunate to be out there and doing my job.

Q. With Cam coming in as a new punter, new holder, adapting to that, what are some of the things you've learned to adapt to what he likes?

JON WEEKS: Yeah, so Cam, a great punter, strong leg, has all the kicks. Might be the shortest punter I've ever snapped to. Most of my guys have been kind of big. So my adjustment, if I'm being a hundred percent honest, was just learning to change the release point a little bit. But it's been a seamless transition. Cam is fantastic to work with. He's a great holder. I think Ka'imi is going to have a fantastic year with him as his holder. I'm looking forward to the season Cam is going to have for us.

Q. Jon, you're better on the Instagram?

JON WEEKS: I've been seeing photos of you, Seth, and I've been taking your training regimen into super hard detail with your diet and everything, and it's paid off, I feel like.

Obviously, when you get up in age, one of my focuses this off-season was just to come in in good shape, and I was able to do that with the help of Iad Harris for the Texans organization, a great nutritionist that we have here, and working with him on the side. We were able to get myself down, and I feel great. So I'm happy.

Q. Can you take us through what it takes to lower the snap and how long that might have taken?

JON WEEKS: It's a feel thing, if I'm going to be honest with you. It's just a release point, just a matter of inches, to be honest. Something that I'm fortunate enough that I've got a guy that likes to punt, so we've got a lot of work together in the off-season. So it was able to come together pretty quickly.

Q. Does that help you when you're in coverage too?

JON WEEKS: Yeah, 100 percent, being able to get down there and cover with those guys in the interior. We have a

fantastic interior vet group of punt players right now that are flying down the field. So I'm just doing my best to keep up and try to be effective in coverage when I'm asked to be there.

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Q. In your approach to the preseason game, your snapping the ball and making tackles. How important is that to you?

JON WEEKS: Incredibly important. There is no preseason for me. The first game is the first game for me. I'm lucky I get to play in all of them. I don't look at it as the preseason, I look at it as the regular season. My first game was against the Packers. I did my job to the best of my ability that day. Hopefully the coaching staff was happy with it, and I'll continue to do it.

Q. Obviously, you don't want a returner to have a punt spring back that far, but what do you think of having a guy that can tackle Alvin Kamara back there?

JON WEEKS: With Cam? I heard he actually hit him pretty well. I haven't seen the video, so to me it's all circumstantial right now. When I see the video of Cam taking out Kamara, I'll be impressed. If you watch the tape, any time Cam punts the ball, he's the first one down in coverage. He's a great athlete and expect great things.

Q. As someone who's been here longer than anyone, what's it like for you to deal with all the turnover and almost everyone who was here when you got here, everyone is gone. What is that like for you?

JON WEEKS: It's different every year. Obviously, with the turnover this year and the job that Nathan and his staff is done with the roster. It's been great, though. A lot of new faces, but a lot of guys that have the same kind of drive. All the goals are the same. Everything is we're all about team first. We're all about making each other better, doing what's best for the team and each other. That's why the practices out here, they're hard, but everyone is getting better with it. We all enjoy each other's company.

Q. You've seen change through different teams, players, locker room, and all that stuff. How does it feel to you?

JON WEEKS: Everything is great right now. It's a day-by-day thing. Everything has got to keep going in the right direction. We have a great group of veteran players, young players, guys that are hungry, they work their tails off. When you have that and you have a group of guys striving for the same goal, you're going to push each other, and it's going to work out for the best. I'm excited to see what happens.

