

Houston Texans Media Conference

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Justin Britt

Press Conference



Q. Do the preseason games mean a lot to you guys in terms of you play a lot?

JUSTIN BRITT: I feel like preseason 1, preseason 2, 3, they all mean a lot. Sure, the record might restart for week 1, but for Ryan McCollum, Carson Green, this one means a lot to them. Their first action. They're trying to make the team. I'm trying to make the team. Everyone is.

So this game isn't taken lightly. However long we play, we play, and we do it to our best ability, but to answer your question, yeah, this is a very important game. Any time they take score, any time you get to go out there, it's a championship opportunity to play your ball. Yeah, big moment.

Q. Tyrod, Davis Mills talked about the Cowboys how they showed them more blitz than you were expecting. From your perspective, can you take us through what you all saw from intensive training to adapt in the season, but what do you feel like you all learned from that situation?

JUSTIN BRITT: It's hard in the preseason. We're trying to get better as a team, and we're practicing against ourselves and trying to learn our own schemes. Then we go to a game that we didn't really get the game plan for to the extent we want. So they threw out a blitz we haven't seen all camp and we didn't really talk about, and it was a new look for me and Tyrod, and we're grateful it happened because we've learned from it. It's only going to continue to help us grow and move forward.

They didn't do anything crazy, but what they did, they did well.

Q. What was your ultimate diagnosis of that?

JUSTIN BRITT: Yeah, it's my first year in this offense with this blocking scheme and how they do things, so it's just one of those reps in games that you just get to kind of learn from. It's not that they did anything too exotic, but they did enough to make us have to take a step back and

re-evaluate the best way to do it, which is going to help us in the future.

Q. How would you say things are going with dealing with chemistry with guys like Tyrod and some of the other new teammates you have on the line?

JUSTIN BRITT: I mean, what is this, day 20, 20-something? It's starting to feel normal coming out here and kind of expecting, based on the play, what Tyrod is going to say, how Tytus is going to fit something compared to Max. In the spring, it was brand new, trying to learn who they are, how they communicate. Now it's just trying to fine tune it and master it and just kind of take it to another level.

Q. How is it playing for Coach Campen?

JUSTIN BRITT: Camp's allowed me to play kind of freely. I felt pretty stress free this whole process and coming in here. I've just been excited to come to work every day. I think it starts with, obviously, Coach Culley and then Kelly and then Camp.

Yeah, I'm grateful to have Camp as my coach. He has a lot of knowledge playing and coaching. Playing center, that's something that really attracted me to be able to learn from him. It's been a pleasure.

Q. Tytus Howard told us yesterday that you've been really helpful in his transition from tackle -- I guess back right tackle to guard. What can you share with us just how you tried to be a leader to some of the other younger offensive linemen, whether it's someone playing behind you or someone on the line?

JUSTIN BRITT: Well, going into my second year -- my first year I was right tackle. Then we go to the Super Bowl, we lose it, and that whole off-season I'm banking on being one of the top right tackles, taking a big leap. Then right before camp ends, they move me to left guard.

So I've made that transition. I knew exactly what he was going to go through. I mean, luckily and fortunately, he's played it before. So it's not completely brand new. But I just tried to make it as stress free for him, over



communicating in practice so he's comfortable and he's not thinking too much, he can just go out there and play.

But I'm grateful to have him in there. He can give me praise, but I can give him praise. Him, Max -- Max has been real beneficial to me in my transition here since he's pretty much the smartest guy in the room and knows the playbook. To have him in there is a blessing as well.

Q. It sounds like there's a big emotional shift from right tackle to left guard. How do you work with that?

JUSTIN BRITT: You've just got to understand it's a different world, different beast. Not only are you switching your feet, but you're going from where you might take three or four kick slides before you make contact to you'd better get your first step down and get ready to go at guard.

It's a quicker beast. You're playing people like Aaron Donald and Suh, and it's just a different world. You've just got to get comfortable, find your balance, and go out there and trust yourself.

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