

# Houston Texans Media Conference

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Houston, Texas, USA

## Jonathan Owens

### Press Conference



**Q. What's the difference with him now being head coach?**

JONATHAN OWENS: We met with him a lot more sense we were a defense. It's the same vibe for us, I guess you would say. He demands a lot of respect just with his presence. The whole entire team respects the man, so you really want to play hard for him and do the job well.

**Q. How is it, year two in this defense, how does it feel? Does it feel a lot more familiar to you?**

JONATHAN OWENS: Yes, because you're more comfortable. You know the hurt plays on the defense, so you can relay that message to the younger guys. You know formations. You know what people are going to give you in certain formations. It's a lot more familiarity with the defense and it just gives you more confidence because you've done it before.

**Q. Lovie was talking about how in the second year -- he was excited about second year in the system and building on that.**

JONATHAN OWENS: Guys are a lot more confident, playing faster. You know the defense so much better. It's more of a review instead of learning it the first time and guys just play faster and that's the biggest thing, confidence.

**Q. How do you recognize confidence?**

JONATHAN OWENS: Play speed. You learn a little quicker. You can see the play faster. You understand formations and what certain teams are going to give you with the formations and what the hurt plays on the defense are.

**Q. Where do you feel like you've made strides as a player specifically?**

JONATHAN OWENS: Just being confident, man, doing my job well. Understanding the defense and executing the

game plan when given my opportunities. I'm just looking to build every day and get better.

**Q. Are you fired up to get out in pads?**

JONATHAN OWENS: Absolutely. Excited for real football to start and see where we are physicality-wise. You can play a little more aggressive in pass plays and in the run game, we can do a little more plays, so it will be pretty fun.

**Q. Anything jumps out already?**

JONATHAN OWENS: He's talking, telling us what type of plays might come. He's a really smart guy. He's a great safety to be out there with, so he definitely coming along quicker and developing, and we are all take to go him just to make sure we are all on the same page.

**Q. What are the main corrections?**

JONATHAN OWENS: Main corrections, just seeing the big plays we gave up and knowing the techniques to play top those plays.

**Q. What are the goals like as far as for the team and you personally?**

JONATHAN OWENS: As a team, be better than we were last year. The big goal is World Championship but want to keep building on from last year and be better than we were last year.

**Q. Did it make you feel like you personally, what you did last year, getting an opportunity, it bodes well for you this year and some things that you learned from being out there on the field?**

JONATHAN OWENS: Say it one more time.

**Q. You're own personal growth, where do you feel like you improved?**

JONATHAN OWENS: Getting out there and actually getting game time on defense. I think it had been five years since I got to play serious defensive time and just



being out there and getting comfortable again and slow your mind down and play football free, that was my goal and I'm just looking to keep building.

**Q. Does it look like a better defense to you, at least early on from spring?**

JONATHAN OWENS: We are running the same defense, so we demand the same type of execution in the spring. So we are carrying on and building on from that.

**Q. What are some main things you've noticed about this team?**

JONATHAN OWENS: Excitement. Guys love being out here. They love playing for Lovie, man. That's one thing, man. Guys are ready to get out there man.

**Q. What do you think of the red helmets?**

JONATHAN OWENS: Love them. Great change up.

**Q. When did you see them?**

JONATHAN OWENS: I think same time you all seen them, social media. Social media, man. We were excited.

**Q. You've talked a lot about your growing -- what about your teammates?**

JONATHAN OWENS: It feels good. To me I feel like if they know the play is there and presents itself, that I'm going to be there and make that play for them. We have that mutual confidence in each other. That's really how a defense works. You have to trust your brother to make that play. It's just overall trust. It feels good when your teammates trust you and they expect to you make that play.

**Q. When you are reading Davis, what's the difference?**

JONATHAN OWENS: He's very good with his eyes. He's very good with his eyes. That's the biggest thing I've learned. He looks more comfortable back there and he's reading the defense better and he can manipulate you and he's excited.

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