

# Houston Texans Media Conference

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## Jonathan Greenard

### Press Conference



JONATHAN GREENARD: They bring the energy, all the time. I think them being 25 years combined, you can't coach that so I think I just try to pick their brain, how they can get through this camp, 12 of them, 13 of them and make sure that I take every single thing that they are trying to instill in us.

**Q. What areas have you seen your game grow the most in, and how much does the practice with tackles like Tytus help?**

JONATHAN GREENARD: It's great. Obviously now you're going against the best in the game obviously. And the things that you are learning from Jerry and Rio that you can just translate over right then and there you're going to go against the best of the best.

Every single time they tell me something I just kind of look at it on film and see how Tytus and LT are giving me, and me and LT and Tytus, we all talk and that's the thing about it. We all just basically giving us pointers how they approach them and how they approach me and that's always going to help both of us moving forward. Iron sharpens iron, we all know that.

**Q. The spin move -- what other areas have you added to your repertoire?**

JONATHAN GREENARD: Understanding, like I said, just having those talks with LT and Tytus, they tell me how they would approach a guy like me, they are going to have to do certain things to make me sit down or do other moves.

So I just basically have to stay in my repertoire or add to my repertoire, add to my arsenal and understand how they would block me and have a better counter. It's a steady evolving game because even after I beat them with a move, I have to readjust and make another move.

**Q. Inaudible/cross-talk.**

JONATHAN GREENARD: No matter if I win or lose, I want to know, because at the end of the day I'm not going to go

playing them in the game. I've got to make sure that we are playing against somebody else and I guarantee you I'm not going to play somebody better than then. At this point, if I can learn these pointers and learn from the best of the best, I'm going to make sure do I that so that I'm successful on Sundays.

**Q. Any area you recall, they said, hey, you're doing this?**

JONATHAN GREENARD: Even today, spin moving, one-on-one, obviously just learning how they would approach it, knowing that these guys know that I can spin. It's no secret what I can do.

SO at the same time just understanding how they approach it and knowing how they would block a guy in a game, you're supposed to just learn to you to make it up more and give them more speed and so you can basically get them on your island. If you go to them that's what they want to you do. They want you to come to them and play their game. You've got to bring them out to you. I'm going to always take that from them.

**Q. Lovie mentioned multiple times how it would have been the last year for you -- do you often think about that at all?**

JONATHAN GREENARD: I did at times but then I had to let it go because at the end of the day I was just trying to make sure that -- I don't like living with regrets because if I sat down and thought about that, it would be pointless and I have a season to worry about next year. I'm going to continue to work on myself and what I can control and my goal is making it through 17 games and being there for my teammates every single game.

**Q. For this year, do you think about what could happen this year?**

JONATHAN GREENARD: No, that's what I'm saying, I'm really just focused on trying to get to the games, make sure I get to the games healthy and maintain the season all 17 games.



**Q. A little bit more energy from the coaching staff do you feel in this training camp?**

JONATHAN GREENARD: I think overall we all understand what happened last year. We understand that that's not our standard and not what we want to do. We have got a lot of guys who believe in that same thing so overall we just going to come out and practice and go forward and win four games again.

We are trying to be better than that and any team should be doing that. So I think everybody has that feel to them and nobody feels that we're complacent.

**Q. Does it feel like a start of a new era?**

JONATHAN GREENARD: You could say that for sure. Any time you get a chance to come out here and play ball, we get paid to play a child's game, so you've got to be happy about that, and at the same time we all start fresh and we are all on the same level playing field and at this point you have to control what you can control and put your best foot forward.

**Q. What have you seen --**

JONATHAN GREENARD: Yeah, my guy, Rasheem (ph) he's literally all of it. You see the 3-technique, six-technique, all that, he's a technician and he's still very strong, very young as well and he's hungry. That's the thing about our room, we are all hungry. Nobody feels entitled about anything. We are all trying to mooch off of each other, and whenever it's the next person's time to go, there's no bad blood, none of that. That's our thing. We all know in this league, you have to have layers and be deep in depth. It's always going to be good and love between us. We are trying to get the same thing.

**Q. As football players, when you have your defensive coordinator coming back and he's also your head coach, what does that mean to the defensive unit as a whole?**

JONATHAN GREENARD: Overall, I don't want to make it seem like we just get comfortable but it definitely does feel better. We definitely know we can learn the same system but now add off of that.

But now we know on the defensive side what his expectations was last year another one to understand what his expectations is for us, and now the offensive side brings that mentality to this, as well. So having those guys, we are all trying to understand what we do here, so overall it's going to be the best fortunate uses in long run.

**Q. The two-deep, is that the identity of this defense --**

JONATHAN GREENARD: Yeah, if you look at the guys who just won the Super Bowl they are literally deep. So I think everybody on this team got to have depth. One person just can't do it all. Unless you one of them freaks, ain't one person not going to do it. We got to be deep and have depth and I think all of us bring something different to the game, and I think that's what's going to help us moving forward because nobody can really game plan for that. You never know what you can do out of us four, with me, five, Rivers, all these guys in the D-Line room, we all bring something different to the table.

**Q. With veterans having certain expectations, have you noticed those expectations?**

JONATHAN GREENARD: For sure, and they make it known. Like I they have done it. They have won championships and been there, and understand what it takes to get there. They bring that to us and when they obviously see something that's not up to the standard they want to see. And obviously for this team to get to where we want to go, they say stuff, and it's well needed at times and overall it brings that leadership and mentality and where we are trying to get to and makes receiving better for sure.

**Q. How does it excite you, even having that success and having that breakout season?**

JONATHAN GREENARD: It's definitely exciting, don't think I don't remember it, but also I understand what's at stake and I also understand nobody cares about that. I could have one sack, ten sacks, don't matter what it was, I still got to go get whatever that number is.

At the end of the day we are all going to do that collectively and that's going to help us better for the team and that way we can move forward and get where we want to go.

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