

Houston Texans Media Conference

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Tytus Howard

Press Conference



Q. Possibly putting that identity here --

TYTUS HOWARD: Pretty good, big athletic team. Pep is doing a good job of establishing the run for this offense, and they mix in a lot of playaction to get teams on their toes. I think that he's doing a good job and I think us as a O-line is working towards being one of the best units in this league this year, so I feel like the offense has a lot of room to grow. I think we doing a pretty good job so far.

Q. Jonathan Greenard was in there. How have you seen his condition?

TYTUS HOWARD: Doing pretty good. I think doing a pretty good job of when he was not in the ones, watching what he needs to be able to do to keep up with the ones. Today he stepped up and did a pretty good job and only going to improve from now on.

Q. What did you learn -- playing with Jonathan --

TYTUS HOWARD: It's always good to go against guys like JG. He has a lot of moves. He plays with a lot of energy so you going to see that every week. I think we do a good job of when we have practice, go against each other, try to give each other different stuff that we might not see every day in practice.

I think we do a good job of holding each other to a higher standard, playing hard every play. I've been here with JG for three years now and I think he's getting better every day. I learn from him and learn from me and when we get together after practice, we talk about it to see what we can do better and put more on film and get better every day.

Q. Inaudible.

TYTUS HOWARD: No. 1 thing is playing with energy. If you don't have energy as a defense it's hard to play. That's the biggest thing with the defense, they come out, all defenses play hard but when you bring that energy, you playing fundamental football like Lovie said, you create turnovers, you get to the quarterback, I think that's the

biggest thing.

Q. Coach said that although you can't play all the positions down the line, he wants to put you back in right tackle, solidify you as right tackle. How does that feel?

TYTUS HOWARD: That feels good knowing I'm playing one position. Yes, I'm playing right tackle. Feels good to be back out there. That's where I play most of my whole career. Feel comfortable. I'm getting better every day. I look at this year as a big year to take another step up and be one of the best right tackles in the NFL.

Q. With your family here, how much did that help you coming into camp?

TYTUS HOWARD: It helped me a lot. I've got a ton, Tytus Junior, just make you go harder. I know I've got a family to feed back at home. I know the guy I'm going against every Sunday that got a family to feed. It's either him or me and I'm choosing me, I'm choosing my family to protect and I think it's like that with the quarterback. Davis is family to me and so it's my job to go out every week and protect him, and that's what I'm going to do.

Q. What have you seen from Davis from last year?

TYTUS HOWARD: I think he took a bigger step being a leader on the team. He wasn't asked to get a lot of the guys together. He chose to get a lot of the guys together throughout the off-season to get some extra work in, and you don't see that a lot from a lot of younger quarterbacks.

But I'm telling you, Davis is different, probably one of the most poised and calm players I've ever been around. It's going to take him a long way.

Q. Your fifth-year option, did you look at that as a validation of what you showed?

TYTUS HOWARD: Yes, sir. They picked my fifth year, just give me another chance to put more on film to get the standard even longer, another year to hone in on my skills and use my potential to be the best I can be. I think that



that showed me that the team believed in me as a player and I've just got to go out there and do my job.

Q. What stands out to you with Jonathan?

TYTUS HOWARD: I would say Jonathan, he's a smaller guy, but he has a lot of power behind him. A lot of different, versatility of moves. So when you want to get Jonathan, you can't just think you're going to see the same thing over and over. He kind of keep you on your toes a little bit.

The thing about Jonathan, he's a great guy and he plays hard. I think that's why last year he had so much success when he was on the field because he played hard day-in and day-out.

Q. You have Pep Hamilton calling the plays. Is it as simple as there? Have you seen much change with Pep in the rushing attack?

TYTUS HOWARD: Pep is going to surprise a lot of people. He calls some good plays. But I think overall, really, I think it started with the offensive line coach, too. It's the mentality. Coach told us what he expect from us, ask day-in, day-out, we go out and practice. He has not shortened; he only extends what he wants from us and he holds us to the higher standard no matter if you're Laramie Thompson or whether you're a rookie in Kenyon Green. He treats everybody the same and holds us to a higher standard, and so I think that's going to help this group improve in the run game, have a nasty physical mentality and I think that should help the offense.

Q. You and Laramie have talked about being a great tackle tandem for every year you've been here. Is this the year where you feel you can make that happen?

TYTUS HOWARD: No doubt. No doubt. I do.

Q. You mentioned Des playing right tackle. What was your reaction when you heard the narrative that you weren't playing that position?

TYTUS HOWARD: He really don't pay attention. Of course you see it and people tag you in it but I really don't pay attention. I only worry about what's going on in this building and whatever I can do to help my team and what I put on film, so when everyone gets to talking and doing all this, I don't really pay attention.

I think it's funny, actually, I mean, I just worry about what I can do day-in and day-out on the field to keep my job and play my job to the most full potential.

Q. What do you think of the mustache?

TYTUS HOWARD: I like the mustache. I mean, it's a good look on him.

Q. Up and down the line, guys going to different positions coming in -- how has the chemistry started to gel?

TYTUS HOWARD: AJ is an older vet. I think having him beside me is helping me out a lot because it's stuff that he may see, I don't see and me being a young player being moved around the offensive line a lot. I think there's stuff I've been able to teach him, we just learn from each other. I think getting all these represents in, building this camaraderie with him day-in and day-out, I know I'm going to like playing beside AJ, but him being an addition to this team is going to help this offensive line a lot.

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