

Houston Texans Media Conference

Sunday, October 30, 2022

Houston, Texas, USA

Derrick Henry

Visitors Postgame Press Conference



Titans 17, Texans 10

Q. How good was it to have so much success in the run game today? How important was it with Ryan not here?

DERRICK HENRY: Credit to those guys up front and all the guys blocking, O-line, receivers, tight ends, full backs just making the sacrifice to be able to block and have the will too for us to have success and be able to go out there and make a play.

I give all the credit to them. I just had to go out there and do my job. Just happy we were able to get the win and win as a team.

Q. As is unit it wasn't just you. Dontrell obviously, you guys were really moving. Did you know at a certain point they weren't going to be able to stop you guys?

DERRICK HENRY: I wasn't really worried about. Not about them, but us just doing our job and what we need to do to have success in the run game, and when the call is played to execute and do all the things we need to do to get down field and score points.

We did that at the line of scrimmage and were able to gain some yards and make some plays out there.

Q. I know you don't care about the accolades, but Ben Jones and your offensive line said they take that personal for you to pass (indiscernible), to tie OJ Simpson and Adrian Peterson in the most 200-yard rushing performances. What does it mean to you that they take that so seriously?

DERRICK HENRY: I mean, they were the ones that made it happen, so I would hope they take pride in that, because without them I wouldn't have the success I've had.

Our relationship, we just come together and stick together through anything, though any adversity. I told them I got

their back and they got my back, so just sticking through it.

Ben is a great leader on this team, great leader for the O-line room, somebody that I always try to pick his brain, and just happy that we were able to have some success today.

They did a great job.

Q. Coach Vrabel said the offensive line has made a jump between the Colts game and now in terms of gelling and taking it to the next level. Do you feel like that, and how exciting is that, if that's true that they got another level to go to?

DERRICK HENRY: Yeah, man, always happy to see hard work pay off. Those guys been working hard all throughout the season, even through the ups and downs. They just stay with it and continue to work hard. Like we always say, as long as you put the work in it'll happen for us. Those guys been doing that. There is a lot of stuff to build off and a lot of stuff to get better at.

Q. Did you say anything to Malik before the game and how do you think he did first time out?

DERRICK HENRY: I just told him to go out there and just play. We got his back. No matter what happens, just stick to it and we'll all stick together. I was happy for him to get out there and have his first NFL game. I wanted to help him get a touchdown, but he wasn't able to get in there. Hopefully he'll get another opportunity. But just happy for him to go out there and lead us and get the win and do what we needed to do to get the job done.

I told him my first year I wasn't great and I wasn't the best, but as time goes on you learn and get more experience. I think he'll be special as time goes on.

Q. Were you impressed by his poise?

DERRICK HENRY: Yeah, for sure. The game, it's fast out there. I told him to stay calm, poised, Preach that to him all week. Just go out there and play. That's what he had to do to help us get the job done. I'm proud of him for it.



Q. (Indiscernible.) Entire stadium knows you're going to run the ball and you're still able to do it.

DERRICK HENRY: I think that's our identity and culture. Coach preaches physicality, effort, and finish, details, fundamentals, and we all take pride in that, how we want to play in our culture and mindset, mentality in the run game and what we want to do.

Having attention to detail each and every play and having the will to go out there and do it and execute.

Q. (Indiscernible.)

DERRICK HENRY: The previous season has nothing to do with right now. You know, we take week by week; get better, as the week goes on. We go out there and try and execute on Sunday. Can't live in the past. That's done and over with.

Just focus on the right now and try to get better.

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