

# Houston Texans Media Conference

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Houston, Texas, USA

## Christian Harris

### Press Conference



**Q. How do you feel about your off-season, coming back, being around the team?**

CHRISTIAN HARRIS: I feel pretty good about the off-season so far. I think it was a good idea staying close, getting a chance to get our hands on the playbook a little early, having a lot of guys back so we could get the chemistry flowing, kind of get used to this new environment. So it's been good.

**Q. Fellow Alabama linebacker. What are some of the conversation you have?**

CHRISTIAN HARRIS: Really trying to be a sponge. He gives a lot of advice. For one he ran this defense before with a previous team. Just trying to get an understanding of how he wants it to be done.

Again, he played linebacker, too. A lot of tips. Trying to be a sponge in the room as much as I can.

**Q. As far as Alabama, (indiscernible)?**

CHRISTIAN HARRIS: He's a great player. Smart player. Grasping the playbook. He's coming to work every day. I mean, of course we're all helping him with it. He's doing a great job right now.

**Q. Last year you obviously had trouble in terms of stopping the run. How is this scheme going to accentuate your abilities?**

CHRISTIAN HARRIS: I think it's just all based off the scheme, buying into what we have going on, whatever coach is coaching us up to do.

We in the process of building that right now. I'm sure when the season come, we are going to be ready for it.

**Q. (No microphone.)**

CHRISTIAN HARRIS: I mean, in terms of what?

**Q. In terms of personality.**

CHRISTIAN HARRIS: I think we have a very energetic team overall. I think it starts with the staff. DeMeco coming in, the type of intensity and energy he's bringing. More detail-oriented. I think everybody is just buying into that.

**Q. What are you looking to build upon in year two?**

CHRISTIAN HARRIS: Just everything. I really just want to win as a team. I'm not going to lie. I think I bring everything. If I'm doing my part, obviously that's going to help the team, as much as everybody else. We just focus on that so we can win.

**Q. How are you different as a player?**

CHRISTIAN HARRIS: I think, again, physically it's not even really too much that. It's more so playbook and understanding the scheme so I can put myself in position to showcase what I can do. I feel in those moments, for a lot of us on the team, that's when we're going to be our best as long as everybody is in their position and know what they're doing.

**Q. (Indiscernible) your quarterback is C.J. Do you see any similarities?**

CHRISTIAN HARRIS: They're both great quarterbacks, for sure. Yeah, you could say that.

**Q. (No microphone.)**

CHRISTIAN HARRIS: I mean, just he has a lot of experience in the league. Just like I was treated last year, Coach DeMeco this year, trying to be a sponge. I have a lot of vets around me. They giving me insight on plays I'm coming back in, trying to give me tips. I'm trying to be open ears.

**Q. (No microphone.)**

CHRISTIAN HARRIS: I really noticed, Alabama. He just a dog and he cares. I think we have those similarities. I

think it can take you a long way. I mean, that's really all I got for that.

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