

Houston Texans Media Conference

Sunday, September 28, 2025

Houston, Texas, USA

QB Cam Ward

Visitors Postgame Press Conference



Houston Texans 26, Tennessee Titans 0

Q. I know you didn't get the results you wanted, but what has this weekend been like for you coming back close to home?

CAM WARD: Well, just tried to get a football win, honestly. That's it.

Q. How do you think you played personally?

CAM WARD: Ass.

Q. Ass?

CAM WARD: Mm-hmm.

Q. Anything in particular went wrong for you?

CAM WARD: Getting stuck past the 50. Interception. Incompletion. Penalties. Not helping the defense out. Just not good enough to win.

Q. Obviously a lot of family here. When things don't go well like this, does that kind of ruin the whole homecoming aspect?

CAM WARD: No, that doesn't ruin nothing for me. They see me a lot in the offseason. They're just trying to come show their support and really just try to be there for me, but, you know, just trying to get the ball rolling.

Q. Anything the Texans were doing in particular? The defense?

CAM WARD: Not really. They did everything they showed on film. The biggest switch-up they had, they went more cover two on third down, third and long than we expected, but they showed everything they did on film. A good defensive line, a good back end. We just didn't play good enough.

Q. On the pick, I think you left your feet and you went

super sidearm. Do you feel in the moment that both were necessary? Is it part of maybe what threw you off?

CAM WARD: No matter if I throw off platform or sidearm, I just got to be more accurate with the football. I wasn't accurate enough, he was coming in, I threw it on his backside shoulder. I can't do that. I know he'll make that play for me next time, but I shouldn't have to put him in that situation.

Q. Seems like you had some accuracy problems. I know you were under pressure a lot today but did you feel like you were off target more than usual today?

CAM WARD: Not really. Some of them got to be throwaways in some situations. Some of them was just me not putting the ball where it needs to go.

Q. What's not going right for this offense where you guys just can't get a drive?

CAM WARD: Everything, from interception to penalty to an incompletion by me, a bad ball and then once we passed the 50, we're just not continuing the drive. So we keeping a book right now, we ass. We're 0-4. We have -- at this point, we got nothing to lose. We dropped a quarter of our fucking games and we've yet to do anything, so we have to lock in, especially myself. On the offensive line from the defensive line from the special teams to all three phases, we have to play together. We have not played together this year yet and that's just something that we want to preach about it every day, every day, we got to do better, and we're doing that, but it has to show up on Sundays. It hasn't showed up yet, but it's got to show up next week.

Q. Sounds like you're beating yourself up some there, too. Do you challenge guys in the locker room? Challenge them during the week to kind of get better?

CAM WARD: Yeah, we all challenge each other. I challenge those guys, they challenge me every day, especially in practice, but if it looks good in practice, it's not looking good right now on Sundays. We got to make it look good in practice and on Sundays. So no matter how

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many good weeks of practice we have, we have to have a good game on Sunday. Four weeks straight, we ain't did it offensively. At some point we have to help the defense out. We're down 6-0 halftime, end up getting the ball back, we're still down 19-0. They give up a touchdown, so what. We're still in the ball game and we're not helping the defense out so we're not doing enough offense.

Q. Is this the most frustrating period you can recall football-wise?

CAM WARD: I would say no. I had a lot of frustrations in my past, whether it was high school to college, but I just want to win. When's the last time Tennessee won? I don't know. I'm trying to win. Everybody in this locker room, we want to win and we have to win. That's really what it comes down to. No matter how we got to do it. At some point, like, we have to turn the tide and we have to start winning games.

Q. Is there something you could bring from whatever those more frustrating moments were to this and apply it to move forward for yourself personally?

CAM WARD: Really just continue to have urgency, and that's everybody. Especially myself. As a whole, the offense. That's the biggest problem right now in my head. We're not helping the defense out and whether defense gives up a touchdown here or there, we're still not doing enough to help those guys out. They're playing their ass off for us every Sunday and we're not doing our part. It all comes down to us locking in. From myself having bad incompletions to not taking completions to not getting the ball out, from us having a penalty or if it's a drop on receiver, everybody knows. Everybody's got their one job and everybody's got to do their one of eleven. We just got to go get it.

Q. Cam, when you go back and look at the film of these losses so far through these first three games and then today, what are you seeing that is not being done from an execution standpoint?

CAM WARD: I would say, honestly, just not being consistent. That falls into the execution standpoint and whether I have a bad ball, whether I need to throw it away but also the biggest thing is every time we get in a long situation or get back on track situation, the drive always ends. NFL is hard to play on second and long. It's hard to play on third and long. That's the biggest thing. We have to execute plays every play. It can't just be if we get a big run or a big pass or a spurt. We got to just be consistent.

Q. What is it about the coaching staff that's maintaining your faith?

CAM WARD: It's nothing about the coaching staff. At the end of the day, they put together a good plan for us. We're not executing as players. Offensively, like, we just have to make the plays. At the end of the day, every pass concept is winnable verse man or zone. No matter what they got to. I got to get through the progression. I got to put the ball in the receiver's hands. At the end of the day, they got to make plays, too.

Q. What gives you the confidence that the plan is good or that it will work when you haven't seen those results yet.

CAM WARD: Say that again.

Q. What gives you the confidence that the plan is good or the plan will work when you haven't felt or seen the results yet?

CAM WARD: Because it's there. I'm watching the film on the sideline. It's there. It's just whether it's a bad play by me or a bad play by one of the eleven, it's just not clicking when it needs to click. It has to click every drive and it's not doing that yet. So the biggest thing is the urgency. I think up front, those guys, they were gritty today. The run game and the pass game, they went against a good defensive line up there. From an offense standpoint, we just have to be consistent. It's four games and we're 0-4? Why? Because we're inconsistent.

Q. Do you feel you need to kind of assert your leadership even more on this team given the circumstances and where you are?

CAM WARD: I don't think that. I always assert it when I think the time is necessary, but we're not doing our job as a unit. We're not doing our job and at some point it's got to change. I hope it changes next week. We're going to try to change it next week, but that needs to be the message. We have to change it one play at a time. If it doesn't change, we're just going to keep on getting these same results. We have to win games.

THE MODERATOR: Last one. Good? Thanks.

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