

Miami Dolphins Media Conference

Sunday, October 4, 2020

Miami, Florida, USA

Miami Dolphins Ted Karras

Postgame Presser



Seahawks - 31, Dolphins - 23

Q. As one of the leaders and captains on this team, what is your next job or mission as one of the guys on the forefront of that leadership committee to get this team back on track, get them ready to work on Wednesday?

TED KARRAS: Well, I say it all the time. It's an old adage that I got from one of my favorite coaches I've ever had: Nothing breaks our spirit. We're out there fighting and we're 1-3 in close games and that sucks. But we're just going to keep fighting, keep grinding. The only way is to work your way out of it. So show up tomorrow ready to work and get ready to play San Fran.

Q. What do you think happened to the offense all those times that you hit the red zone or hit their side of the field that resulted in the field goals rather than the touchdowns?

TED KARRAS: I gotta watch the film. Finishing in the red zone is definitely the most glaring thing that we need to address.

Obviously if we finish, it's a different ballgame. Give credit to the Seattle defense, there's a lot less space down there. They held us out of the end zone on five different long drives we had the ball for a long time. But we've just got to finish better.

Q. It's obviously the practical part of that coming away with three instead of seven several times in a row. What about the -- it's got to be deflating, too. Is there sort of an emotional toll that drags you down after a while when it keeps happening?

TED KARRAS: Nothing will ever deflate me in the football setting. I'm coming out ready to go every play.

Q. Does it feel like you guys have played better than what your record shows so far?

TED KARRAS: Listen, you can say that all you want, but a record is a record. We have one in the win column and three in the loss. We're going to grinding our way out, and obviously we fought really hard today. And not good enough to win, though. So we're going to keep grinding. And the only way I know how to do it is just work as hard as I can. That's the only reason I've even been able to have a job in this league. So get back to work tomorrow and head out to the West Coast this Sunday.

Q. As one of the leaders on the field, how do you help your guys to ensure they're also working as hard and trying to get out of this funk?

TED KARRAS: Well, I think we just have a great group of guys. I'm so happy to be on this team. I love my teammates and everyone works really hard, wants to do the right thing. That's how we're going to approach every day and that's how we have approached every day.

Coach Flores instills that in our culture, and we're going to show up to work ready to roll.

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