Miami Dolphins Media Conference

Sunday, November 15, 2020 Miami, Florida, USA

Xavien Howard

Postgame Presser

Dolphins - 29, Chargers - 21

Q. X, can you tell us about your interception and how important it was after the Chargers had moved down the field on you guys, and then you had the pick and it kind of it seemed like it turned things around for the whole team.

XAVIEN HOWARD: It was a great call from the coaches, made a great play on the ball. It changed the momentum and the offense ended up scoring.

Q. X, five interceptions, now leads the NFL. Is this the best you've been playing in your career, do you think?

XAVIEN HOWARD: I feel like I'm just getting better. So I want to say, put myself by saying that this is the best football I've been playing also. I think it probably two years with seven, so I'm just going to keep on going, just trying to strive for the best.

Q. We hadn't talked to you since I guess last month when it was all, like, a trade deadline and all that, so I wanted to get your view of how that was for you, and now that it's all behind you, what does that make it easier?

XAVIEN HOWARD: I knew somebody was going to ask me that question, though, but, man, we got a W today. That's what I'm proud about. And I'm, we're just going to keep on going and keep fighting out there.

Q. Xavien, I wanted to ask you about the interception again. You guys talk about how the coverage and pass rush kind of marry up together. How much does pass rush performance this year give you extra confidence to play that aggressive style that gets you so many interceptions?

XAVIEN HOWARD: That's the way the coaches draw it up for us. And the guys, that's how they want to us play, and be aggressive no matter what. So with everything working





together and everybody making plays, that's what it's all about on the defense.

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