

Miami Dolphins Media Conference

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Jalen Mayfield

Visitors Postgame Presser



Q. Right tackle, left guard, getting a lot of action here early in your career. How did it go today out there for yourself?

JALEN MAYFIELD: There's a lot of things to build off of. I thought for the most part I did pretty well, but I know there's a lot I need to clean up. Technically, I'm not where I want to be yet. Playing both tonight, I felt pretty comfortable doing both.

As a unit, I think we played pretty well up front. There's still stuff we can clean up of course, but that's why preseason is here to find the corrections and get back to work on Monday.

Q. From last week to this week, how was it first game last weekend. Now I guess you're -- any jitters this week, or how did you feel for this week?

JALEN MAYFIELD: Definitely every guy's first game in the NFL, you're going to have jitters. You don't know what to expect. I know you practice all training camp, but it's the first game to play in the NFL, and I think emotions for everybody are kind of running high, especially being at home and stuff.

I think tonight I really found myself more locked in, more able to recognize what I need to do, and as a team, we have some highs and lows in the game, but I think as a team we're a little more focused. There's just certain little details I think as a unit we need to clean up. When we get in the red zone, I think we've got to score. That's got to be the mentality on the whole team, there's a lot of stuff I can do better than the team can.

Q. Coach said you all had 95 competitive reps Wednesday and Thursday with the Dolphins. How has that been efficient for your growth?

JALEN MAYFIELD: Just seeing every day going against guys like Grady and Dante and all the guys we have, just changing it up a little bit and going from blocking them

every day to seeing different techniques used by other players on other teams definitely I thought was beneficial. It gave me more of a perspective to see what the rest of the league is doing and what I have to expect, especially playing on the interior and outside, from most of the league.

Q. How comfortable are you playing on the inside? Do you feel pretty comfortable there at this point?

JALEN MAYFIELD: Yeah, I feel pretty comfortable. I thought tonight I felt pretty comfortable. There's still stuff, of course, I need to work on, just not getting as many reps as I have. That's why preseason is here. You find your weaknesses. You build off of that. You really try to anchor down and figure out what your weaknesses are to build off of that.

I feel pretty comfortable at right tackle. I feel comfortable at left guard. Whatever spot the team needs me to play, I'll be there.

Q. You got the running game going a little bit today. How did you all feel given last week?

JALEN MAYFIELD: I think last week we just had too many self-inflicted wounds on our part. I think our average starting point, like on second down, was second and forever. You can't really get a run game going when you're always behind and get off schedule. Today I thought we did a much better job of establishing our presence on first and second down, create those manageable third downs. With those, we've got to convert.

When we do get our first downs and get rolling, I think we really need to get going and build a sense of urgency over on offense to capitalize on the opportunities, but for the most part, I thought for coming out, our goal was to not be behind the sticks. I think we did a pretty good job tonight.

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