Miami Dolphins Media Conference

Sunday, December 22, 2024 *Miami, Florida, USA*

Tyreek Hill

Postgame Presser

Dolphins - 29, 49ers - 17

TYREEK HILL: Happy holidays to everybody, man.

Q. How big was this win just to keep you guys relevant for what remains?

TYREEK HILL: It was huge, man. The guys came together, played for one another. We just executed when we need it, man.

Moving forward, this was a big motivator for a lot of guys on this team. It gave everybody on this team the juice that we need moving forward.

Q. The opening drive, it seems like something went into your eyes? Can you take us through what happened there?

TYREEK HILL: As a leader, in those moments, I feel like at the end of the day, I need those valuable reps with Tua, those rest days are starting to show. I completely blame myself for not getting my head around and not seeing the ball because, if I see a ball, we're talking cross-court, 70-yard touchdown.

Those wins and reps are definitely showing. As a leader, I've just got to be able to bite the bullet sometime and practice and get those valuable reps with QB1 because, if we're able to stay on the field on third down, who knows what could happen. Like De'Von Achane can break 60 yards. Jonnu can catch a screen and go to the house.

Just got to be able to get those valuable reps with the quarterback.

Q. You had the touchdown, but two other throws in the end zone. Do you feel you should have come up with those? I know one of them was tipped a little bit.

TYREEK HILL: Yeah, on the deep ball, it was tipped by the defensive back, and on the other one, it's just, again,



missing those valuable reps with the quarterback.

One thing I learned from Coach Reid whenever I was in Kansas City, I was blessed to be able to play under such a great head coach, is you can't just show up on Sunday. You've got to be able to prepare yourself Wednesday, Thursday, Friday, even Saturday. Then when it's Sunday, it's easy.

Once again, us missing those valuable reps because when it's live speed, everything's moving so fast.

We need those valuable reps whenever it's Wednesday, Thursday, and Friday.

Q. This hasn't been the year you've obviously wanted personally. Do you think this is just a speed bump, or are you worried this might carry over to next year?

TYREEK HILL: I'm not too worried about it. I do what I have to do regarding like whatever I got to do to get better. A lot of guys understand what I'm dealing with this year, and I'm going to continue to be a leader, continue to be the best guy I can be for this team no matter what, you know what I'm saying?

Obviously there are a lot of things that I wish I can get back and do better, but at the end of the day, I'm going to continue to fight. I'm going to continue to be out there for my team.

That's all I can be, man. Just be myself, and I'm grateful I'm in this situation because I'm learning a lot about myself. I'm learning how to be patient. I'm learning how to be more mature about situations whenever they don't go my way. I'm actually learning a lot from it.

It's the NFL. It's not easy. I know in the past I've made it look easy, but this year it's kind of tough, but it is what it is, man. I'm human. I'll bounce back.

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