

Miami Dolphins Media Conference

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Miami, Florida, USA

Justin Fields

Visitors Postgame Presser



Miami Dolphins 27, New York Jets 21

Q. How frustrating to get off to an 0-4 start?

JUSTIN FIELDS: Yeah, it's frustrating. Like I said, yeah, it's frustrating for sure, but at the end of the day, if we look at from a far perspective, we have three games that are lost by one score. That's kind of how this league works. Close games at the end. I think tonight we shot ourselves in the foot a lot turning the ball over, penalties and that sort but it's very frustrating but I'm not losing faith. Nobody in the locker room is losing faith. All we're going to do is keep our head down and work.

Q. Has it been a common thread and why you feel like it's kind of been that way is because of penalties or turnovers? What do you guys think have been that common threat in the first four losses?

JUSTIN FIELDS: I mean, yeah, it's penalties and turnovers. I mean, that was the story today. We had a fumble on the three. I fumbled. We had a fumble on special teams, and it's hard to win games like that. It's hard to win games getting penalties on three or four downs so we just have to tune in on that, hone in on that and eliminate those mistakes.

Q. What happened on that fumble? What should you have done differently?

JUSTIN FIELDS: My fumble?

Q. Yeah.

JUSTIN FIELDS: My fumble?

Q. Yeah.

JUSTIN FIELDS: Hold on to the ball.

Q. Was it just two hands on the ball?

JUSTIN FIELDS: I think I had two hands-on it, but I just got to hold on to the ball.

Q. How did you feel overall out there?

JUSTIN FIELDS: I felt all right. I felt like we could have started better. I think... I know our first drive was a good drive, but like I said, we turned over that penalty and overall, I think we played all right as a team but like I said, those penalties and turnovers are unacceptable.

Q. Just what was Aaron's message to the team afterwards?

JUSTIN FIELDS: The same thing, we got to eliminate penalties and turnovers. I mean, yeah, it's really nothing to overthink whatsoever. It's penalties and turnovers. That's shooting ourselves in the foot, so.

Q. When that first drive does end that way, how deflating is that? How difficult is that to overcome?

JUSTIN FIELDS: I mean, it's not difficult at all. I think we started what... inside the ten? You have a long drive, we're having our way and then a mistake happened. We're all human. Mistakes happen. Like I said, we want to eliminate those as much as possible. First drive of the game, you just brush it off. There's a lot of game left, but you don't really get discouraged over that. Like I said, it was a fumble. It's football. But at the end of the day, we did have a 90-something yard drive to start the game off, so we started off well just didn't finish that drive.

Q. How do you remain upbeat after this 0-4 start and keep a positive attitude?

JUSTIN FIELDS: Like I said, we've lost three games within one score, so we're going to be in this position a lot more and I feel like all three games that we've lost we kind of shot ourselves in the foot, so just constantly preaching and honing in on the fact that no penalty and no turnovers. I'm going to continue to say it. I told the guys after the game, I'm not losing faith. We have 13 games guaranteed left. We can go on a run here and just keep building, keep working and just keep going. But it's early in the season.



It's four games and, of course, we want a better start than that, but like I said, if we keep working, we know the team we can be if we just eliminate the penalties, eliminate the turnovers and get it going.

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