

# Miami Dolphins Media Conference

Sunday, November 30, 2025

Miami, Florida, USA

## De'von Achane

Postgame Presser



Dolphins - 21, New Orleans - 17

### Q. A thousand yards, what's that mean to you?

DE'VON ACHANE: A lot. Just the hard work that I put in, that me and my team put in. Just a stepping stone of mine, and we've got to keep moving forward.

### Q. How long has that been a dream of yours to get 1,000 in this league?

DE'VON ACHANE: Always, man since I first got here. My rookie year, I had my best chance, but I missed five games, went 800 yards. That's kind of still with me. Like last year I kind of fell short. So I feel like this year was one of the years that it was something I really wanted to accomplish.

### Q. What were you thinking late in the game as you were on the sideline and all the craziness is happening, the two-point try going the other way, the onside kick, and the defense has to get another stop as you're watching this unfold?

DE'VON ACHANE: I feel like as an offense, we have to do better. We don't want to put our defense in that position even though they played a great game. I feel like down the line, if we want to win big games, offense, we've got to step up.

### Q. How do you stay grounded in your success in the spotlight?

DE'VON ACHANE: Like you said, it's going to be spotlight. A couple weeks ago when we were losing, it wasn't. So it doesn't matter the outcome, we're going to go out and play the same. We're not going to let the outside -- you know, when they get the comments going out here, and we're going to go out there and play 100 percent.

### Q. What happened on the touchdown you scored to start it off?

DE'VON ACHANE: It was kind of like blocked perfectly. I feel like the corner on the other team kind of overran it and it kind of like made my job easy. It was kind of like we knew we was going to have a guy unblocked, which was the corner, and him overrunning the play made my job easy. Just go through the hole untouched.

It's something you want as a running back. When you can get to the hole, five, ten yards untouched any running back can say that's what you want.

### Q. What's the touchdown celebration?

DE'VON ACHANE: Just a little TikTok dance. I'm not into dancing, so I asked my teammates what's the celebration this week?

### Q. It was through a dance but -- nobody could tell. I was like what is that?

DE'VON ACHANE: Just some TikTok stuff.

### Q. Going into the second half, basically one field goal from the offense. What was happening the second half?

DE'VON ACHANE: I feel like just mistakes, man. I feel like we got to capitalize on third down. Especially in the red zone, we've got to score points. Our motto is seven-out-three. I feel like we was in the red zone too many times, and we didn't score.

### Q. How do you keep the momentum going when there's a 4 of 5, trying to creep back in the playoff picture?

DE'VON ACHANE: Just win the next thing. Next week, keep building these wins. Like I said, we came out of the bye week. I'm glad we got that out of the way. And now we've got to get back into regular football.

### Q. Do you have any other goals in mind on a personal level, 1,500?



DE'VON ACHANE: Of course. Like you say, however many I can get. It's not like a thing I just want to get 1,000 yards, and that's that. If I can get 2,000, a lot of the same. When the opportunity presents itself, I feel like whatever comes with that, that's what it is.

**Q. How would you describe the identity of this team right now the way you guys are winning? You got 298 yards today, a bunch of high-octane offense winning those ways. What would you describe the identity of this team right now?**

DE'VON ACHANE: I feel like we want to be physical. Like you said, we come down, we come to line. Everyone know we got to run the ball. I feel like we've been running the ball great these past three, four weeks. As long as we keep that in, that's when they start stacking the box, and that's when 17 make big plays.

**Q. Minkah taking the two-point there. Do you approve of his top speed there?**

DE'VON ACHANE: Most definitely. He for sure did better than Sewell. I think for sure going through his mind was not trying to get caught because you know at halftime we all had something to say to Sewell. That was just Minkah being Minkah. He is a great player in this league, and he showed it.

**Q. How did you change your approach in preparation or recovery this year compared to years past?**

DE'VON ACHANE: I wouldn't say nothing really changed. I feel like just us as a group, I feel like we just got better with each other. We got to understanding each other. As far as like, if somebody was to miss a block or something, we try to make them right, you know what I'm saying?

As far as pointing fingers, we never point the finger at each other. It's a football game. The other team, they get paid, we get paid, and they're going to make plays. When they do make a play, try not to be down on each other and be down on one another. Just make sure you tell them, all right, we'll get the next one.

**Q. If you had a pitch to the College Football Playoff committee for Texas A&M, what would it be?**

DE'VON ACHANE: For sure we're going to be in the playoffs, but for sure I think we still should be in the SEC Championship. We only lost one game. However that plays out, I feel like -- that one loss at the end of the season shouldn't determine, okay, like they shouldn't be in the SEC Championship.