### Seattle Seahawks Media Conference

Sunday, November 9, 2025 Seattle, Washington, USA

### **Jonathan Gannon**

Visitors Postgame Press Conference

Seahawks-44, Cardinals-22

JONATHAN GANNON: Injury front here. D-Rob had a groin. Walter had a knee. Bam had an ankle. Zay Jones had an Achilles. Simi had an arm. Robert had an ankle, and Jonah had a shoulder.

So obviously not our brand of ball today. Got beat pretty damn good, and that falls on me. So just got behind early versus a good team. It's tough to dig yourself out, so not a lot of good from out of that game.

I was proud of them that they battled there. They've been in games like that where they just want to get home, and that was not the case, so that was good to see. That's the fabric of our team, but they know we didn't play our brand of ball to give ourselves a shot today to win a game.

So we'll go back tomorrow and get to work. What do we got?

Q. With the way the game kind of started, Garrett looked like he was in a good place and kind of fell on the long pass and the fumble. How much does that take out of a team?

JONATHAN GANNON: Well, I thought they converted that third down, and then they hit us on an explosive. He's a good player. I thought Garrett was in pretty good position, good throw and good catch. Then we're in known pass, and you get a sack fumble, and you are down 14-0, but all is not lost.

We punt the ball back. Then they go right down the field and score. So, I mean, you dig yourself a hole. I think it was 28-0 in the third down sack fumble. It's going to be tough to win a game.

Q. What were the issues on the offensive line on the two sack fumbles?

JONATHAN GANNON: I mean, it's known pass versus a



really good front. You put yourself in known pass, and we got to protect better and get it out of his hand more.

Q. It seemed like you struggled to pick up their creed of blitzes and stuff. What did you see that went into that?

JONATHAN GANNON: The first one, I think it was supposed to be five, and they rip six. The second one I thought was just a four-man rush.

Q. (Inaudible).

JONATHAN GANNON: I'm not sure.

Q. Do you have any sense of the severity of Walter's injury?

JONATHAN GANNON: No, I know as little as you guys, truthfully, I don't know.

Q. In the first half overall what did you see kind of go wrong with the pass defense?

JONATHAN GANNON: Rush mechanics. You know, that one to Cooper too, was that in the first half or -- first half? 67-yarder. He is scrambling around with a four-man rush, and that's what's going to happen.

So at the end of the day, guys, nothing good from that game, and it falls on me. The players are trying. It's not for a lack of effort. I got to put them in better spots. I got to have them ready to go better than what I did today. That's what it comes down to. It's what it is.

Q. Do you need to make line-up changes or staff changes?

JONATHAN GANNON: No, no.

Q. It seemed like there was some of the kind of sloppiness that we saw earlier in that five-game losing streak. What do you think is causing that?

JONATHAN GANNON: I wouldn't say sloppiness. I think we got out-coached and out-played. We have to play a lot better versus good teams to have a chance to win, and we did not do that.

... when all is said, we're done.



# Q. Did Seattle do anything that you guys weren't prepared for?

JONATHAN GANNON: I would have to watch the tape. I probably wouldn't say that, no.

#### Q. Were these physical mistakes or mental mistakes?

JONATHAN GANNON: I'm sure it will be a blend of both. You know, technique. I'm sure there will be some assignments. You know what I mean? That's what I mean, Greg. It's a good point. When that happens and the score looks like that, it falls on a head coach. It sucks for me to say that, because that's where my mind goes. I didn't do enough what I needed to do throughout the week to get them ready to go. It stings.

#### Q. It really respect that you --

JONATHAN GANNON: It's the truth. It's the truth. It's the truth, Greg.

# Q. You have said that a lot this season after losses. Why do you think that keeps happening?

JONATHAN GANNON: I don't know. Obviously I didn't have a good enough plan, all three phases. You know? So we just got to look at it. We didn't set it up right.

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