#### Seattle Seahawks Media Conference

Sunday, November 30, 2025 Seattle, Washington, USA

#### Sam Darnold

Postgame Press Conference

Seahawks 26, Vikings 0

SAM DARNOLD: Yeah, obviously an interesting game. As an offense I don't think we played necessarily our best football, but we were able to come out with a win. That's all that matters. Feel like our defense and special teams played really well today.

There were times I felt like in the second half when we were able to get things going a little bit offensively, but, yeah, I think we did enough offensively to win the ballgame.

### Q. ...some of the issues that their pressure presented you guys?

SAM DARNOLD: Yeah, they had a good -- some good pressures for us. We just got to look at the tape and see how we can correct some mistakes and how we can get better from it.

# Q. You knew they would be aggressive. Did they do anything out of the ordinary that you guys hadn't seen?

SAM DARNOLD: They just did so the really good things. Some stuff we've seen from them in the past.

But yeah, I think just their scheme and players making it come to life, they did a really good job.

Again, it's stuff that we got to continue to look at for ourselves to be able to look at it, and for me personally I got to get the ball out in certain situations.

Q. When you're having a protection issue in a game, regardless of whatever game it is, how do you try to work through that and find the fix as the game is going on, as you're out there getting ready for the next series? What's the process like?

SAM DARNOLD: Yeah, you talk about it on the sideline.



Talk about the look on the sideline. Maybe it's a third down, maybe it's a second and long.

So just going about it that way and moving forward.

### Q. You went in the blue tent for a minute. Anything significant at all?

SAM DARNOLD: No, should be good to go.

# Q. Getting the late touch (indiscernible) finish the drive towards the end of the game, what does that do for the offense?

SAM DARNOLD: Yeah, to be able to essentially it felt like put game away at that moment in time was good for us.

Obviously we've got to do that earlier in the game and finish drives out earlier in the football game.

Again, it's a credit to our offensive line, tight ends, receivers, running backs, everyone doing their job, doing their 1/11th to put the ball in the end zone on that drive.

Yeah, good to end of the game that way.

### Q. They do anything different on Jaxon today that you guys hadn't seen?

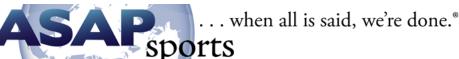
SAM DARNOLD: We'll have to look at the tape and go from there.

Q. How much of his success from down the field is exactly against the pressure package? When you don't get the pressure then Smith-Njigba's game is...

SAM DARNOLD: Yeah, I think it goes both ways. I think if teams pressure us we can make them pay. If teams don't pressure us sometimes they can put guys in certain areas to take Jaxon away. Sometimes it can go both ways.

Today I just felt like they did a really good job. They had a good plan. Again, we got to look at ourselves in the mirror and see how we can be better.

### Q. What does it mean to see the defense play the way they did today?



SAM DARNOLD: Yeah, it's unbelievable to have a defense like this, you know, just consistently. Whether they're -- for us, as an offense especially, for me personally, like I hate putting them in positions to where I'm getting a sack fumble and the defense is recovering and all of a sudden they're in the red zone and our defense is able to turn that somehow into six points.

You know, to be able to play with and for a defense like that and unbelievable. Don't take it for granted one day.

#### Q. Mike mentioned Ernest Jones talking to the team after the game. What does he mean to this group?

SAM DARNOLD: Yeah, he's a big time leader for us. Thought going down a rabbit hole of just what he means to this team but he is one of the guys that he's one of our leaders, big time leaders and what he says carries a lot weight for us.

He's just a great leader. He doesn't say much but when he does people listen.

### Q. What did you think when you saw him down the field with the interception?

SAM DARNOLD: You know, I was just -- I kind of -- to be honest I was watching and I was like okay this is good. But we got to figure some stuff out on offense, so I wasn't necessarily running down the sideline hooting and hollering.

No, it was great. Whenever our defenses can go out and make a play like that it's always awesome to watch as a quarterback.

# Q. Ernest has had a reputation for a while as a great leader. He's only 26 years old. Are you ever surprised that he is still his relatively young in his NFL career?

SAM DARNOLD: Yeah, it was his birthday recently and it got put up in the team meeting. Every time there is a birthday Coach asks how old are you, and the guys has to say their age. Ernest said 26, and everyone looked around like are you serious, that's it?

So he is yeah, wise beyond his years just with how he speaks and just with the way he plays football as well.

So like I said, he's a great leader for us and someone we can all depend on.

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