Seattle Seahawks Media Conference

Thursday, December 11, 2025 Seattle, Washington, USA

Jarran Reed

Weekday Press Conference

Q. ... bigger club on your hand so you can get to the ball first this time?

JARRAN REED: Nah, I don't think the club need to be any bigger, but it's very useful though.

Q. First time you played with something like that?

JARRAN REED: Yes.

Q. What's it like? How are you adjusting to it?

JARRAN REED: You know, I still find myself just natural like movements, reaction, grabbing. I got a squishy ball inside so I can still imitate the movements, but it's definitely different.

Q. Is that going to have to be an all-year thing do you think?

JARRAN REED: Yeah, just trying to protect my hand right now just having two surgeries back-to-back.

Q. You said that when they taped it up you have a squishy ball in there?

JARRAN REED: Yeah, like a squishy ball so I can have something to grab onto.

Q. What was it like playing through -- you played through that fracture for a little bit. What was it like playing through it?

JARRAN REED: Painful. To have surgery, then I think I played ten days later, to refracture it, it was painful. But, you know, we had to make a decision that was best for us in the long haul and we made it and we back.

Q. Got the M.O.B Ties sweatshirt on. A lot of guys wearing that stuff. What does that mentality mean to this team?



JARRAN REED: That's something we came up with as players, leadership the whole team. We asked what guys thought. That's the standard that we set for ourselves and the team, something that we uphold and we hold dearly to us. How we play, how we interact with each other, our characteristics, how we carry ourselves. It's everything all involved.

Q. What's the most special part of this defense?

JARRAN REED: Just defense period, I think the connection that we have with each other. We are very well connected. We play for each other. We play hard for each other. We depend on each other and we celebrate with each other.

Q. What do you plan on doing when you're 43 years old?

JARRAN REED: You know, I'm not going to be at football, I can tell you that. I don't care what's going on.

Probably just with my kids, coaching my son up, probably at cheerleading practice with my daughters.

Q. You've played against him a couple times. I know you got at least one sack on him.

JARRAN REED: Yeah.

Q. What's the challenge of playing against Rivers?

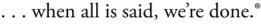
JARRAN REED: Veteran quarterback. Smart. He's seen every type of defense that you can name. Knows where to go with the ball. I don't know what to expect to be honest. I don't know which quarterback we'll see, but he's coming off the couch after five years, so we'll see on Sunday.

Q. Do you ever laugh at his trash talking?

JARRAN REED: Nah. We ain't going for none of that. No disrespect this way.

We respect each other games, but we talking in the past.

Q. Jonathan Taylor is one of the best backs.Back-to-back weeks you had really good backs.What's the difference in Taylor compared to last week





with Robinson?

JARRAN REED: I think it starts with up front for the Colts. They're very good front. Run schemes are real good. We just got to execute our plays, play our game. We have to control the line of scrimmage.

Q. How much pride do you guys take in the way you played the run this year?

JARRAN REED: We take so much pride in it. You can't even begin to rush or nothing without stopping the run. That's on us up front. If we're not stopping the run we have a problem up front. We take pride in that every week, every practice, every time we hit the field.

Q. As a veteran player, what have you learned are some of the keys to a team playing its best ball in December and January?

JARRAN REED: To stay together and stay competing. In times like this sometimes practice slows down. It's a long season, so you got to take care of your bodies but got to stay mentally locked in and when we hit the field, we got to compete.

I think that will be just the difference, just to make each other better every time we hit the field.

Q. I know you guys take every game, every opponent really seriously and every game matters. When you see a quarterback come back after five years not playing and being older, is there an extra level of, okay, we got to take this seriously and not let our guard down?

JARRAN REED: Absolutely. You still got to respect the game, man, because overall he was a great quarterback in this league when he was playing. But, you know, we can't look past it and take it for granted.

Like I say all the time, we got to respect our grind, respect our process, and just got play good football.

FastScripts by ASAP Sports