

Seattle Seahawks Media Conference

Thursday, December 11, 2025
Seattle, Washington, USA

Coby Bryant

Weekday Press Conference



Q. How you doing?

COBY BRYANT: Good. How are you?

Q. Good. How are you approaching this week? We all kind of assume that Philip Rivers is playing, but are you still studying Riley Leonard? How does that actually work?

COBY BRYANT: We prepare for everyone honestly, no matter who is the quarterback. We got to respect our opponent always and just continue to prepare like we been doing, so...

Q. Julian being back last week, really the first time you've had your entire defense together this season.

COBY BRYANT: Yep.

Q. How did it feel to have everybody out there?

COBY BRYANT: It's exciting. Obviously he's a leader on this team and (indiscernible) back in too, so just to have him back, it was fun out there.

Q. On that note, Ty Okada has obviously done a great job filling in.

COBY BRYANT: Yes.

Q. What have you seen of this defense depth wise, whether it's Ty or different guys at running back, all the different guys that have stepped up this year?

COBY BRYANT: Yeah, it's exciting, like I said. Just the next-man-up mentality. I was once that guy last year. I had to step up and come in make plays. That's what those guys been doing, so it's definitely been fun.

Q. How do you look back at your own performance and the performance of the defense and decide whether it was up to standard?

COBY BRYANT: Honestly, we always want to get better each week, we been playing good ball, but like I said, we just come in and watch the film and continue to get better.

Q. What's good ball look like?

COBY BRYANT: Just playing complete, you know, at the back end, not letting explosives get over our head, and tackle well and being on the same page defensively.

Q. Similar to that, how is ball finding energy? How is that happening?

COBY BRYANT: It's been happening a lot these last two weeks honestly. Thankfully I've been a part of that as well as other guys, too. It's exciting. We preach it every day in practice as well and we try to get better each week.

Q. We've heard a couple guys say this week that practice is still at a fast tempo. It's the time of year where it could be slowing down. What's different about this group that there has been no let-off of the foot on the gas?

COBY BRYANT: Like I said, we just want to keep getting better. It starts in practice, like I just said, and whoever is out there, we always want to practice the right way and get the things done and do it the right way.

Q. Has there needed to be conversations -- because some of the rookies have never experienced a certain this long. Have there been conversations from the vets from the rookies on, this is what to expect the next few weeks?

COBY BRYANT: Yeah, most definitely. We stay on those guys. Ricky White has been doing a great job giving us a good look each and every week. He challenges us, and it's been exciting.

Q. Kicking yourself for not recovering the fumble?

COBY BRYANT: Yeah, most definitely. I was pretty upset about that. 'Spoon got it. He deserved it, so I was happy for him.

Q. Are you a perfectionist?

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COBY BRYANT: I don't -- I would say I am, but obviously nobody is perfect. But I subscribe to be the best, so sure.

Q. Always been that way?

COBY BRYANT: Definitely.

Q. Getting the stop at the end of the game to keep them out of the end zone, how important is it for you guys to finish games? Even if the score is kind of out of hand and you've won the game, how important is finishing that way versus in Tennessee?

COBY BRYANT: Like you said, that game we didn't finish the right way and we preach that up until that point, and just last week going out there and until the clock says 00:00, and that's what we did. And Ty made a great play in the back the end zone.

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